

The Highlands Communicator

FREE

Apr 19 - May 3, 2007

Vol. 6 Issue 12

Haliburton County's Good News Free Fun Newspaper

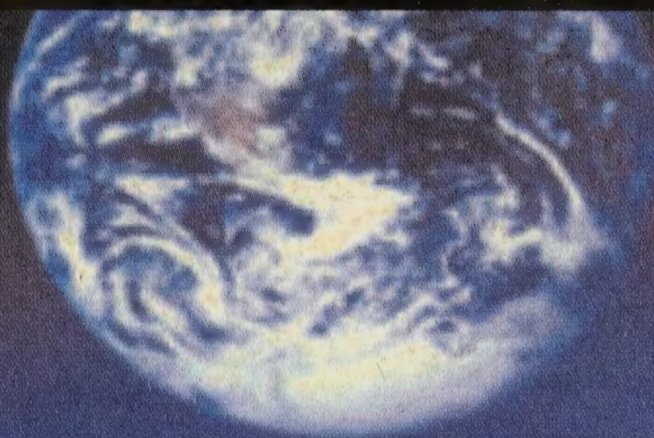
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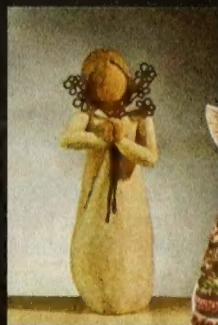
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Watch for the ROYAL LEPAGE LAKES OF HALIBURTON BROKERAGE Flyer Inside: 457-2414 or 286-1234

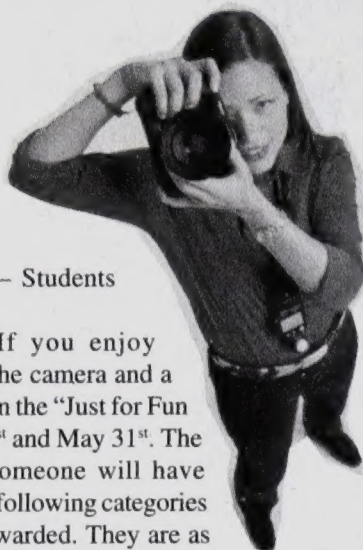
Just for Fun Photo Contest

Just For Fun Photo Contest – Students Needed!

Hey school aged kids! If you enjoy photography, why not get out the camera and a little imagination and take part in the "Just for Fun Photo Contest" between May 1st and May 31st. The contest is for fun only but someone will have "Bragging Rights" in one of the following categories and some neat prizes will be awarded. They are as follows: My Favourite Pet, my funniest moment, my favourite place, my favourite activity, & my special person. Get creative with this one and submit your pictures to the Canada Day Committee who will display the photos at the Minden Hills Canada Day Celebrations this year.

Send your best picture to: Just For Fun Photo Contest, 7 Milne St, Minden, On. K0M 2K0. Include the full name of the student and contact information for the parents. If you require the pictures back, include a self addressed stamped envelope.

Official contest rules are available online at the Township of Minden Hills web site which is www.minden.on.ca. For more information contact Laura Cunliffe at 286-1260. Good luck and good fun to all!



New Service For Victims Of Violence – Transportation

Victim/survivor surveys, focus groups and interviews have identified a lack of access to affordable transportation required to attend necessary services and obtain assistance. This is often a determining factor when deciding to leave an abusive situation.

The Kawartha Lakes & Haliburton Domestic Violence Coordinating Committee is made up of agencies from the justice, health and social service sectors that provide services to victims of Domestic Violence, Sexual Assault and Elder Abuse in the City of Kawartha Lakes and Haliburton.

With Community Care as its lead agency the KLHDVCC has been successful in its grant application to the Ministry of the Attorney General's Ontario Victim Services Secretariat to create a Rural Victims Transportation Network. This is a pilot project that will run until April 2008 and there is hope that it will receive funding to keep the service going permanently.

The Rural Victims Transportation Network will provide members of our community who have experienced Elder Abuse, Sexual Assault and Domestic Violence transportation to medical, counselling and judicial appointments and help in searching for permanent housing.

The first step and most important part this new program is to recruit volunteer drivers. All volunteer drivers will be provided with an extensive 20 hour training. This training will bring in speakers from many different agencies. It will provide all the information necessary for the volunteers to feel confident and supported in their role. Volunteer drivers will be compensated at 37 cents/km. It is a wonderful opportunity to get involved in this very exciting project and to be a part of providing this much needed service to our community.

If you are interested in becoming a volunteer driver or have any questions about this program, please contact Liza Hancock, the Rural Victims Transportation Network Coordinator at 705-324 7323 x240 or lhancock@community-care.on.ca

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Fun For Everyone Family Fun Day Comes to Haliburton County on First Saturday in May

Larger-than-life children's cartoons will come alive at a "fun" event that celebrates families in Haliburton County.

Franklin the Turtle and Elliot Moose will be among the many guests at the Family Fun Day, set for Saturday, May 5, from 9:30 am to 1 pm at the Haliburton Highlands Secondary School. This free event – which includes lunch – is for expectant parents and families with children up to the age of six years.

"Family and fun say it all, and we invite the community to come out and enjoy the festivities because there is something for everyone," says Marg Graham, a member of the Early Intervention Network of Haliburton County, which is organizing the event.

Besides meeting Franklin and Elliot Moose, parents and children can take in a Kids On the Block Puppet Show and enjoy the Haliburton Dance Arts' performance of "So You Think You can Dance". Patches the Clown and Magic Show by Shelley King will also be featured. Face painting, games, crafts, indoor play and other activities round out the children's entertainment.

For parents, there is a showcase of resources and services available for children and their families in Haliburton County. Among the many organizations taking part in the showcase will be the Haliburton & District Lions Club, which will provide vision screening.

If needed, free rides to the Family Fun Day are available for families in Minden and Wilberforce. To arrange transportation, call the local Ontario Early Years Centre at (705) 286-1770 or (705) 457-2989 by May 2.

More information about the Family Fun Day is also available by calling the local Health Unit at (705) 457-1391.

This event is being organized by the Early Intervention Network of Haliburton County, which includes SIRCH Community Services and Consulting, the Ontario Early Years Centre, and the Haliburton, Kawartha, Pine Ridge District Health Unit.

HIKE for HOSPICE

Looking for a way to spring into spring? Why not get active by exploring one of our local trails and at the same time raise money for SIRCH Community Hospice!

Sunday, May 6, 2007 is the fifth annual nationwide Hike for Hospice day, sponsored by the Canadian Palliative Care Association. Over 100 Hospices across Canada will be hosting hike events on this date to raise awareness of and funds for palliative care in their communities. Haliburton County will be joining this initiative for the third year to raise funds for SIRCH Community Hospice.

For over 10 years, SIRCH Community Services & Consulting has provided hospice services in Haliburton County to individuals and their families who are living with a life-threatening illness. Government funding has not kept pace with

demand for this service; there is and will continue to be a need for financial support from our community.

You can participate and support hospice by collecting pledges, and then hiking the Head Lake Trail (about 6 km) or the Sculpture Forest Trail (about 1 km). It's a great opportunity to build workplace spirit by getting

active together! Team up and have some fun. Gather a group of friends, colleagues, neighbours, family members and sign up as a team of up to 10! Be creative. There will be a trophy for the team that collects the most dollars in pledges, and a special draw for all participation teams, so get into the team spirit! 100% of funds raised will stay in this community to support hospice.

To participate as a team or individual, just pick up a copy of the pledge form, and start collecting pledges to hike! Forms can also be downloaded at www.sirch.on.ca and click on "What's New". Hike registration starts at 12:30 pm on May 6th at Sir Sandford Fleming College in the Great Hall. The hike starts at 1:30 pm. There will be other fun activities too, including draws, entertainment and refreshments.

Everybody wins when you Hike for Hospice...hike for your health and for your community! For more information, please contact Marilyn Rydberg, Hike Coordinator at 754-9667. Come hike with us!



A Little Bit of Everything

No, it's not too early! All your spring and summer items have just arrived!

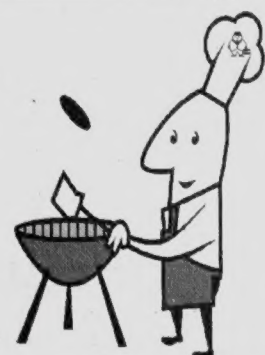
We have BBQ tools & supplies, BBQ lighters, tablecloths, men's and women's flip flops, hats, fishing supplies, mosquito hats & jackets, water toys, water guns, citronella candles, garden tools, peat pots, indoor & outdoor decorations, etc., etc.,

Be sure to get your supplies soon, so that you will have everything for your spring and summer weekends. Remember, we sell out of seasonal items quite quickly.

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Lambs & Ivy

Spotlight

by George Farrell

On Business

Lambs and Ivy, and the New Icon of Gelert

It's amazing that Gelert is still on many maps. After all, if you blink when you're driving, you're through it without realizing you were ever there. It wasn't always that way. Once upon a time Gelert was a thriving place, with it's own hotel, school, lumber mill, church, restaurant and general store. It also had its own train station. All this was due to the railroad and the logging industry, and Gelert was at it's peak before the highways were like they are today.

Back then, because the train did not go to Minden, lodges in the Minden area would send their buggy's to pick up vacationers coming off the train at the Gelert station. The buggies would then shuttle off to Minden with the vacationers and their luggage. So a small town grew up around the area of what is now Cemetery Rd (formerly Station Street), and the Gelert Rd (formerly County Rd #1). A full history of Gelert is another story. Suffice it to say that perhaps Gelert's claim to fame nowadays, outside our borders, is the fact that it can be found listed as a ghost town, in a book of Ghost Towns of Ontario.

No, there's not much remaining from the glory days. However, Gelert is not without its present day landmarks. The Wintergreen Maple Syrup and Pancake House is one, with it's bright red roof. It's a thriving business which also deserves its own story. The other landmark is the Lambs and Ivy Cottage Crafts barn. Both of these businesses are on the Gelert Rd within canon shot of each other, but it's Lambs and Ivy, and the new icon of Gelert that is the topic for today.

An icon is described in my word-processing dictionary as a person regarded with particular admiration, or as a representative symbol. Now Gelert is rich in the iconic tradition. John Francis lives there, and he could easily fit the bill. Wendell Sedgwick was an icon, a representative symbol of Gelert, who every local knew and respected, until a tragic farm accident a couple of years ago claimed his life. Now an icon must be somewhat

visible, and that nominates Louise (Louie) Weber, owner of the aforementioned Lambs and Ivy.

Lambs and Ivy is located in a barn with a driveway which goes right on to the Gelert Rd. You can't miss it because the old Highland Queen lake-cruiser is sitting out in front, as another vestige of bygone days. The barn is filled with everything from tools, furniture, lamp shades, artwork and fishing lures, to decoys, glassware, chests, cabinets, and outboard engines. You have to see it to believe it, and it's well worth the drive to rummage around and see everyday items from years gone by. There are enough antiques and restored items to pique the interest of most collectors, and it's hard to leave the premises without purchasing an article or two.

But what makes Lambs and Ivy so interesting and eclectic is Louie. If all the items that she either picks up, renovates or sells have their own stories, then Louie herself is a repository of yarns and tales who rivals anything inside the barn. So get her talking, and it will make that item you just picked out all the more valuable to you. She lives with husband Norm on the 12 acre farm lot, which contains a stone house, a beaver pond, Norm's Smoke-House, and the barn. Louie and I go back some thirty years and stories flow like good wine.

"This farm used to belong to Bill and Kathy Meisner-and we didn't know of a previous family connection to the house when we moved in. It turns out that when my dad came home from serving in the air force after the war, he boarded here with the Sharpless family, who owned the place at that time," Louie commences. "It was a dairy farm and dad's first



Lambs & Ivy cont'd... pg. 5...

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Forever In our Hearts...
Roberta Welsh - Feb 12/06
Chuck Irvine - Feb 3/02

Regular Columnists: Donald Lange; Brenda Peddigrew; Marci Mandel; Greg Roe

Special thanks to Eddie Lehman, Karen Barter, April Lauricella; Cindy Munzel, Fred & Shirli, Jon Dannewald Lisa Robertson, and all the other people who send in funny stuff - keep us laughing!!

RR#2 - Comp 75, Haliburton, On. K0M 1S0

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Lambs & Ivy cont'd...

... From Pg. 4

teaching job was at the old Gelert one- room schoolhouse, which is still standing, two doors down the road." Her dad's name is Blair Hanthorn, and he taught in Gelert for a few years before moving on to the Gooderham public school, where he also taught, and became principal. "I went to grade 3 in Gooderham," Louie continues. "Before I was born of course, Dad had met my mom Vivian (formerly Mintz), who was a family girl from Gooderham. They married in 1952, and we all moved to Lindsay



sometime after grade 3, because Dad got a better teaching position at Alexandra Public School, where he taught me for grade 5." They kept the home in Gooderham, and used it as a cottage. "Mom and dad finally sold that property 3 or 4 years ago. I remember going to Sunday school and public school with dad

when I was very young and we were still living in Gooderham," she recalls. "In the warmer months we would get in the boat and zoom across the lake to Sunday school. He would let me drive it sometimes. I'll get mom to send you a snapshot that she still has. When the lake was frozen dad and I would walk the 2 miles to public school, and back, every day. Those days were some of the happiest in my life, even though we had no car, no TV and no indoor plumbing. They were halcyon days. The dairy truck used to come and deliver our ice cream and I remember getting into the back of the truck to reach into the freezer and get a popsicle. Most of our produce came from the general store in Gooderham, which was owned by my grandfather at one time," Louie wistfully recalls.

After public school Louie attended Lindsay Collegiate Vocational Institute (LCVI), and from there she found herself in Sheridan College in Oakville ON, where she studied graphic design. In about 1973, "or thereabouts," Louie was working at a local bar in Lindsay called the Sailfish. It was there that the young Louise Hanthorn met future husband Norm Weber. Norm, from the Hamilton area, was a student at Sir Sandford Fleming College who was taking the fish and wildlife technician course. The Weber's oldest son Endres, now 32, was born in 1975. "The three of us took off to Fox Creek, Alberta," Louie adds, "with our Siamese cat," ostensibly "to attend the wedding of my brother Chris, but we ended up living in Chris' closet. Baby Endres was in Chris' bedroom and I had to go in several times every night to feed him. They were just newlyweds-it was awkward to say the least, but we were all family, and all very young-we can laugh at it now," she says, and does.

I'm just sitting there taking notes with a big grin on my face, as Louie continues. "After about 8 months or so out west Norm got a job with the MNR back here in Ontario, doing creel counts on the lakes in Haliburton County-so we moved back into the family cottage in Gooderham. That's where we had Max, who is 30 now." Max and his partner Jen have just moved into a house they purchased locally. Max is a helicopter pilot for Canadian Helicopters, and although he works mainly out of Alberta, he prefers to live in Haliburton County. Jen is a nurse in Lindsay. Endres at the present time is in upper management in the Lowes chain, an American outfit and Home Depot rival, just new in Canada. He works there with his wife, also named Jen. Some of you might remember the boys as great football players for the Red Hawks, and Max was on the famous OFSAA

Lambs & Ivy cont'd... pg. 9...

Come and Celebrate Families in Haliburton County at the Family Fun Day

**Saturday, May 5, 2007
9:30 am to 1 pm**

Haliburton Highlands Secondary School
5358 County Road 21, Haliburton

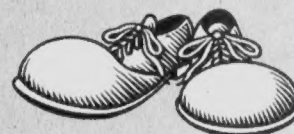
This is a free event for parents or caregivers with children
ages birth to six years. Expectant parents are also welcome.

**Face Painting, Games, Crafts,
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Meet
Franklin the Turtle
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Enjoy
Kids on the Block
Puppet Show

**Haliburton Dance Arts performs
So You Think You Can Dance at 10:15 am**



**Patches the Clown and Magic Show
by Shelley King takes place at 11:15 am**

FREE LUNCH

Showcase of resources and services available for children
and their families in Haliburton County. Vision screening
by Haliburton and District Lions Club.

If you need a ride from Minden or Wilberforce, please
call Ontario Early Years Centre at (705) 286-1770 or
(705) 457-2989 by Wednesday, May 2, 2007.

Provided by: Early Intervention Network of Haliburton County
(SIRCH Community Services & Consulting, Ontario Early
Years Centre and the HKPR District Health Unit).

Dumb Criminals

CONFESSIONS I: Joseph Bulot, 32, of Chalmette, La., called the sheriff to report a crime. He told the deputy that he had traded a microwave oven for crack cocaine, but when he smoked the drug he realized it was fake. "Mr. Bulot asked if [Deputy] Garic would like to see the substance and the crack pipe," the investigative report says. Garic tested the residue on the pipe and sure enough, it wasn't cocaine. Bulot was arrested anyway, charged with possession of drug paraphernalia, and released on bail. ...Highs are fleeting, but the brain damage lasts and lasts.

CONFESSION IS GOOD FOR THE SOUL II: When police in Mt. Carmel, Tenn., stopped a car, the driver told the officer she was out shopping — using a checkbook she found in a purse she took from an unlocked car. The officer, who noted the car was filled with shopping bags, arrested Debra Janan Goins, 39, on charges of burglary, felony theft, and drug possession. Investigators say each time Goins forged a check, she entered it into the checkbook's register. "I guess she wanted to make sure she didn't bounce any of the victim's checks," the officer said....More likely: so she'd know when to call the victim and demand she make a deposit.

Confessions of Dumb Criminals

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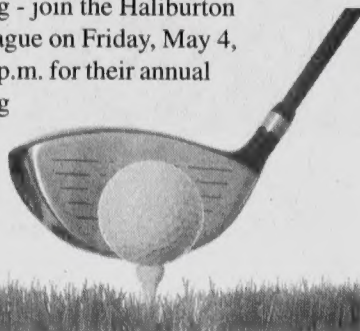
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Ladies – Shine Those Golf Clubs – It's Almost Time

Ladies – if you would like to get together with other women for some great days of golfing - join the Haliburton Highlands Women's Golf League on Friday, May 4, 2007 at Wigamog Inn at 7:00 p.m. for their annual Icebreaker Tee Social Evening & Registration. All levels of players are welcome to join. For more information call Mary Lou at (705) 455-9266.



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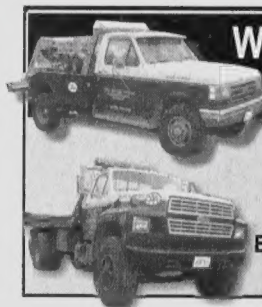
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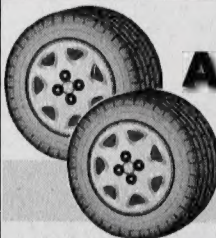
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Lambs & Ivy cont'd... ... from pg. 7

Championship team. But back to Louie. After returning to Gooderham, "we wanted to own our own house and so we moved into our present location in 1987. Norm's mom and dad helped us out tremendously, and just recently they bought property and built their own house across the road from us. My own parents who have also helped out a great deal over the years, still live in Lindsay," she adds.

The question is put to her about how she got into her present line of business of finding, fixing, decorating and selling old items and antiques. Louie ruminates momentarily, and not surprisingly, starts once again at a point in time when she was a child. "When I was a kid my grandad had a workshop in Fenelon Falls. He made wooden lawn furniture, and I remember the smell of the wood chips-I loved that workshop. And now I have a workshop of my own." She beams, her eyes taking in the very bright and welcoming workshop which occupies one corner of the lower level of the barn. "When I was in high school I always wanted to be in the boys shop class where they had mechanical and woodworking tools, but I couldn't go there because I was a girl." A roll of the eyes conveys her disgust at the prevailing attitude of the day. Later on "I would find things around the farm to fix up, paint, make some designs on, and sell at auctions, where I met other dealers. From there I decided to set up my own shop in 1989, and that's when I got my vendors permit, and a loan from HCDC-you know, Andy Campbell, Patti and Peggy-they were all just so wonderful and supportive. I got a company truck and we fixed up the barn. I started obtaining my inventory by going to local auctions at Norm Mill's Auction Barn in Minden. I would go and collect items from the land fill sites. I reconstructed, recycled, and resold all kinds of items. I remember making a wine bar from old chairs turned upside down, and we've made cabinets from old wooden boats, and bookshelves from old roofing timbers. Norm was a timber framer, and a carpenter at that time, so initially he helped a bit with my construction pieces." And so things went, and they progressed to the present, where Louie explains, "I never know from one day to the next what I'm going to be working on, and that's the way I like it."

A customer interrupts our session and Louie excuses herself for a while to tend to trade. I amble over to Norm's Smoke House to chew the fat with him, or more precisely to cadge a slice or two of excellent home-made summer sausage. He inquires how the interview is going, one thing leads to another, and before the sausage slices are finished we are talking about all the various exotic animal species that have gone through the Weber's establishment. I quickly realize that no story about the Weber's, and Louie specifically, would be complete without the animals. Norm and I list off on our collective fingers all the animal species, and it's a good thing Norm has two extra fingers on his right hand or we wouldn't have had enough digits. Only kidding, he only has 6 digits on each hand, just like the rest of us Gelertians. Anyway, there were squirrel monkeys, Eric the parrot, Chinese Silky chickens, Indian Runner ducks, geese, buffaloes, rabbits, pigs, goats, horses, sheep, and Curly, the big black, nasty-tempered ram. These are just a sampling. I remember Curly though. I was only one of the unfortunates who inadvertently, bent over to retrieve something, only to be unceremoniously butted, full-bore on the keaster by the randy ram. The same thing happened to my young son who picked himself up



crying and shaking his tiny fist at ol' Curly. "That ram's not long for this world," I remember Norm saying at the time, or words to that effect. "We'll have to put him on the spit and roast him up." A week or so later our family was invited over to the Weber's for a barbeque. My son was happily chomping on a hot, sliced meat sandwich, at which time I informed him he was eating ol' Curly. He stopped for a moment to remember. Then he smiled a sly smile, shrugged his little shoulders, and took another bite.

Then there was the saga of the buffaloes. Louie had these big brutish buffaloes in the back lot, and one day they got out. It was in the fall, just before hunting season, and Norm and Louie finally located them in the fields behind Dorothy McElwain's place. It was very early in the morning, and there was a heavy mist. The air was still. There was hardly a sound. They knew that the buffaloes were impossible to round up, and they didn't want hunters taking pot-shots at them on private land. They knew in advance that if they found them, they would have to shoot them. And so,

almost religiously, amid Louie's silent sobs of despair, Norm raised his rifle and bought down the giants. "We've never gotten over that," says Norm. "I get goose bumps just thinking about it." Oh yes, and there's the story of Eric the parrot. Eric was a tame parrot, and himself somewhat of an icon around Gelert. He didn't fly very well or very far, and he was content for the most part to fly around the property outside. Louie would get calls occasionally from neighbors informing her that "Your parrot is over here on our bird feeder," or "your parrot is over here trying to get it on with one of our chickens." You see, Eric had a thing about chickens, which would be OK, but he always chose the ugly ones. Just kidding. In fact Eric had a chicken girlfriend who was an erotic, er exotic Chinese Silky. Eric insisted on always being with her, to such an extent that he took to living with the chickens out in the barn, right through the winter months. The only heat came from an overhead lamp, which at night, Eric, no fool he, would cuddle next to, as even the Chinese Silky was not quite warm enough. One early morning Norm went out to feed the chickens and to bring Eric back inside. But there was not a chicken to be seen, only some bloody feathers lay scattered on the ground. Of Eric there was not a sign, and he was never seen again. A fox had gotten in and taken the lot. That was the last straw for exotics at the Weber's. Now there are only the cats, and Pickle the Dachund, who with doggy disdain eschews his rights to er, icondom.

Now you might wonder at the slightly grisly tone to these stories, and be asking yourself just what they have to do with the Lambs and Ivy Cottage Crafts business. Well, they're just more stories. The old Highland Queen out front has lots of stories, as do all the items in the barn. And you know what? Some months after Norm had shot the buffalo, and nature had time to take its course, I asked Louie if I could buy the buffalo skull, which was bleached white, and reminded me of a Georgia O'Keefe painting. She reluctantly parted with it, and now it is mounted high up on a wall of our living room. Whenever anyone comes over for the first time it's one of the first things noticed, and the story gets told again, and of course embellished. Yes, it's all about stories at Lambs and Ivy.

Lambs & Ivy cont'd... pg. 10...

Lambs & Ivy cont'd...

... from pg. 9

Louie comes back from dealing with her customer and picks up the thread of our conversation. "My client-base is made up of people from around the area; summer visitors, or people who just moved to the area and are looking for pieces with character and life. I find new pieces don't have a history, there's no life there, whereas older stuff has several pasts and stories to tell." Just to add an other-worldliness to her story Louie concludes "Very often, and I don't know how it works, but there is a thing akin to "energy" on every piece in the barn. I don't know how many times someone has come in and looked at an item and said that they would be back for it, and the very next person who comes in buys that exact piece." Now there's a premise for a story if I ever heard one.

Do yourself a favour and hike on over to Gelert to visit the Lambs and Ivy Cottage Craft barn. Get into the barn and try to hear yourself think among all the storytelling going on, then go and see Norm at the Smokehouse. They are experiences like no others. The Lambs and Ivy Cottage Craft Barn, and Norm's Smokehouse can be found at 3055 Gelert Rd in beautiful downtown Gelert. You can call Louie or Norm at (705) 286-1862. Tell them six-fingered George sent you.

Pictured with story: A young Louie Weber steering the boat & Louie and Pickle outside the barn



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Minden Community Forum Lines Up Another Great Gathering

"Discover Minden – Its Attractions, Its walks, Its Trails"

By Don Ballantyne

The following announcement will be of interest to people of all ages who live, work or play in the Minden community.

The Minden Community Forum is alive and well after its very successful debut in February which clearly indicated that Minden has not lost its sense of "community". If you missed that Forum, be sure not to miss our second Forum on Wednesday May 16th, the topic being "Discover Minden – Its attractions, its walks and its trails".

A major attraction in our town could be the Gull River which really does not get the attention it deserves from residents and visitors, and our many other points of interest are often overlooked either in our hurry to go about our daily chores in town, or because they are not clearly identified. Several groups and individuals are working hard to enhance our enjoyment of Minden, by focusing on and improving these attractions, and our access to them, and they want to reach out to the community to tell their stories and invite your input. This is your opportunity to meet them, to get up-to-date information, and to show your support.

Come out to this second in a series of "Minden Community Forums" on Wednesday May 16th at Minden United Church at 7:30P.M. Presentations will be made by Roy Haig, Chair of *Riverwalk* and by Kate Hall, Project Coordinator for the *Communities in Action*, Active Transportation Planning project.

Let's keep the feeling of "community" in Minden strong, and get back "in the know" by attending this and future forums.

Hear their vision and ask your questions at the "Minden Community Forum" on Wednesday May 16th at 7:30P.M. at Minden United Church,

21 Newcastle Street in Minden.

See you there! For more information you can contact Don Ballantyne at 286-1305.



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Ghost Stories

Scary Tales

The following is a fun little column for those who like ghost stories... Whether these are true or not we don't know, but they are stories told by those who believe they saw real ghosts!! If anything, they do make for interesting little stories... enjoy...

Flag Stop Mississippi

During the 1920's, engineers along this route were plagued by a phantom lantern which would stop the trains as they were making their runs along this stretch of line. It became so bad that railroad detectives finally came into investigate.... and you'll be surprised with what they found. It's the first time that I know of that Illinois Central detectives ever confirmed the existence of a ghost!

The problems began in 1926. One night, an engineer was guiding his train through Beauregard when he saw a lantern swinging back and forth down the tracks ahead of him. The brakeman yelled for his attention and said that it looked as though someone was trying to flag them down. The engineer began slowing down and came to a stop, never taking his eyes off the swinging lantern. Once the train was brought to a halt, he called out to the person who had been signaling him. There was no one there! The engineer and the brakeman climbed off the train and searched the area. The light had vanished and no one was around. They stared off into the darkness for a few moments, hoping to see or hear something... but there was nothing.

When the men reached McComb, they reported the incident to their supervisor, who was skeptical and laughed about the story..... and he would continue to laugh when the same engineer reported seeing the "ghostly" lantern again the next evening. He wouldn't take the story seriously until a few nights later, when another crew reported seeing the light along the same stretch of tracks. Instead of laughing, his supervisors turned the information over to two railroad detectives who promised to look into what was going on.

The detectives began interviewing everyone who had seen the lantern and found the reports to be remarkably similar. They realized that every account came from the exact same location.... near an old house on the edge of town. They learned that the house had belonged to a local doctor named Rowan, who had been killed several years before. The house remained furnished, although it was abandoned.... and it also had a very strange reputation.

To explore the haunted history of the house... we have to back up a few years. On a Sunday afternoon in 1883, a cyclone hit Beauregard and wiped out most of the town. It swept away the saloons, the churches, the hotel, the post office, the town hall, two schools and 35 houses. There were only three houses in town that escaped serious damage and one of them belonged to Dr. Elias Alford Rowan. When he had built his three-story, 23 room house a few years before, Dr. Rowan had envisioned turning it into a hospital one day... and for those few days in April 1883, he did just that.

Dr. Rowan was greatly respected and admired around town, for his medical and church work and his various achievements on behalf of the local people. Although he hardly seems the person to be involved in a haunting... he may have been the sole reason for it. After Dr. Rowan's death, the house earned a reputation as the local

haunted house and people began reporting "strange" things and hearing eerie noises there. It would be years before anyone would dare venture into the structure, despite the fact that the doctor's furniture and belongings had been left behind.

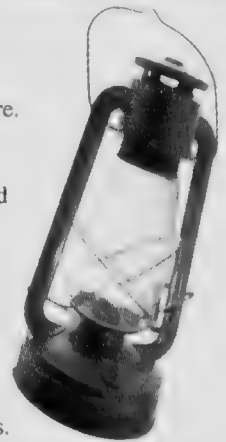
But what became of Dr. Rowan?

According to what the Illinois Central detectives learned, Dr. Rowan was killed around 1912.... by an Illinois Central train. It had been late one night when the doctor went to meet the train and collect a passenger who was also one of his patients.

He was walking down the tracks, with his back to the engine. Dr. Rowan had been quite elderly by this time and some have speculated that he may not have heard the approaching train. Regardless, even though the engineer blew the whistle at him, he walked right in front of the engine. Just before it hit him, he turned and saw it coming. He waved his lantern wildly and yelled "stop".... but it was too late.

For years after, the light continued to appear alongside the tracks, flagging down the approaching trains. The detectives were never able to find any other source for the light, save a supernatural one, and eventually the case was closed.

And Dr. Rowan's ghost was allowed to rest in peace.



Located near the Mississippi town of Beauregard is a train crossing that has become known as simply "flag Stop"...



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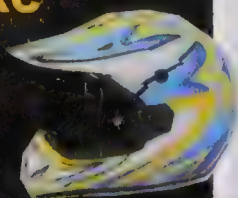
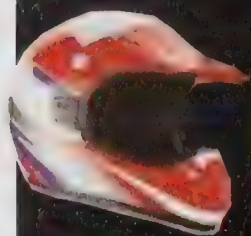


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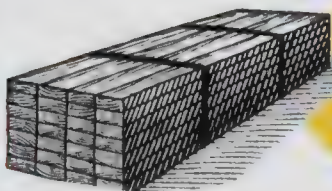
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Join In Mayor's walk

Put on your comfortable shoes, grab some friends and family and even the family dog with his leash on and head to the Dorset Recreation Centre on Tuesday April 24th, 2007. Starting at 10 am you can join Lake of Bays Mayor Janet Peak along with the Algonquin Highlands Reeve Elenor Harrison and councils for a 2km walk around the village of Dorset to promote community spirit and good health.

Along with the walk there will be free give-a-ways, refreshments, copies of the new Canada's food Guide, tips on healthy living and more.

Registration begins at 9 30 am so be sure to arrive early Rain or shine. This event is sponsored by the Algonquin Highlands and Lake of Bays Recreation Departments, HKPR Health for life, The Simcoe Muskoka District Health Unit and Take Heart Muskoka. For further information please contact Melissa Alfano at 705 766 9968 or email drc@vianet.on.ca

Family Ramble... from Rail Trail to Rails End

If you're looking for some outdoor and indoor fun for the whole family on Saturday April 28th, here's an action packed date for you! It's the Family Ramble ..from Rail Trail to Rails End.

The day starts off at 11:30 am at the town docks in Haliburton. This is the first Community Family Walk, rambling leiuruely south on the Haliburton County Rail Trail, where you'll see and hear lots of spring nature and pioneer history. Bring a picnic, a folding chair, wear boots and walk just as far as you feel comfortable. There is an option to tour the Fish Hatchery at Gould's Crossing during the noon hour.

At 2 pm all will meet back at the Rails End Gallery for this months Family Saturday. See "Necessities-The HHSS Portfolio art class exhibit. It will also be the first opportunity to see "Old Rails - Remembered Tales", the video resulting from the storytelling of life during Haliburton's railway era. This was videotaped by Highlands Media Arts at the Critters & Trestles dinner in February.

This all ages, multi-faceted event is brought to you by the newest cultural heritage group in town - The Friends of the Rail Trail - Connecting Community and Rail Trail - Bring the family out on Saturday, April 28, and re-discover something about your community from a new perspective. Please call Pamela Marsales at 457-4767, for more details.

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The modern gasoline-powered car will disappear, but not by 1984. Around the turn of the century, we will indeed run out of a few key things, like fuel...Atomic cars? Ridiculous - just like the gas - drive- engines in 1880...Hence, in 1984 or 2000 we will still be running around in cars - but not the type we now use."

- Richard N. Farmer, The Real World of 1984, 1973.

Inside every older person is a younger person wondering what happened.

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The Battle of Vimy Ridge (April 9-12 1917)

Remembering Vimy Ridge

By M.P. Barry Devolin

It was 90 years ago this week that Canada came of age. On April 9 1917, more than 100,000 Canadian troops overwhelmed enemy forces during the Battle of Vimy Ridge in northern France during World War I.

Earlier this month, we were all proud to watch as dignitaries from all around the world joined Prime Minister Stephen Harper at the newly refurbished Vimy Memorial to remember those who



fought for democracy and freedom – especially the 3,598 brave Canadians made the ultimate sacrifice during this four day battle.

The enormity of this effort is difficult for us to comprehend today. At that time, there were fewer than 7 million people in Canada. Never before or since has Canada made such a massive sacrifice in just a few days.

It is widely accepted that Canada's victory at Vimy Ridge transformed what was then a young and tentative country into a confident, mature, fully independent nation.

Our perception of ourselves changed, and so

did the world's perception of us. No longer just part of the Empire, from then on Canada spoke with its own voice.

The Battle of Vimy Ridge is central to the story of Canada. Vimy Ridge marked the first time that our entire army fought on the battlefield together under Canadian leadership.

The result was a spectacular victory, a stunning breakthrough that helped turn the war in the Allies' favour. The Somme, Ypres, Paschendaele, Beaumont-Hamel: these great battles are well known to Canadians and Newfoundlanders. But we know the name Vimy best of all.

With Vimy, everybody immediately understood the enormity of the achievement.

Brigadier General Alexander Ross famously said that when he looked out across the battlefield he saw "Canada from the Atlantic to the Pacific on parade," and that he felt he was witnessing "the birth of a nation."

The Veterans of Vimy passed their stories to their children, who passed it to theirs, who passed it to us, who are passing it to our children.

Canada did not go to war then – nor will we ever – to conquer or enslave. But when the cause is just, Canada has been there to defend our values and to help our fellow human beings.

And let us, young and old, renew our commitment to uphold the spirit and legacy of Vimy Ridge – and to keep the True North strong and free.

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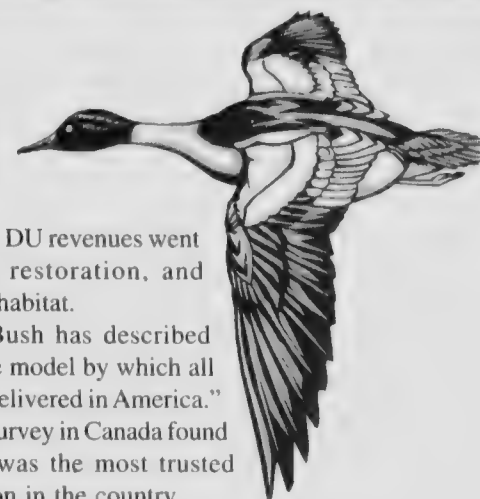
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The Story of Ducks Unlimited

By George Farrell



Most of us have heard of Ducks Unlimited (DU), and some people think that it's an organization specifically geared to insure duck hunters have something to shoot at during hunting season. While the love of hunting is one reason that some members join, it should be said that DU is an organization that offers a great deal more.

The idea for Ducks Unlimited was born by the winds that created the Dust Bowl. Untold acres of wetland habitat vanished in the 1930s, taking with them the promise of generations of waterfowl. In 1937, a small group of conservationists who realized that the majority of North America's waterfowl breed in the Canadian prairies, organized to raise money in the United States for waterfowl conservation in Canada. It was the unique idea that became Ducks Unlimited.

With more than a million supporters, Ducks Unlimited is the world's largest and most effective wetland and waterfowl conservation organization. The United States alone has lost more than half of its original wetlands—nature's most productive ecosystem—and continues to lose more than 80,000 wetland acres each year. Canada too has also lost a great deal of its original wetlands.

Some Quick Facts

DU has conserved more than 11.6 million acres of waterfowl habitat in North America, more than any other conservation organization. According to the Chronicle of Philanthropy, DU ranks 120th out of some 1 million registered U.S. nonprofit organizations in dollars raised from private sources.

In 2005, 86 percent of all DU revenues went toward conservation, restoration, and protection of waterfowl habitat.

President George W. Bush has described Ducks Unlimited as "the model by which all conservation should be delivered in America."

A recent public opinion survey in Canada found that Ducks Unlimited was the most trusted conservation organization in the country.



Ducks Unlimited Canada (DUC)

Canada supports one quarter of the world's wetlands, 80 per cent of which have been drained or converted because of agricultural and urban expansion. By restoring and protecting our wetlands we provide habitat for 600 species of wildlife, and provide our society abundant benefits

including clean drinking water, flood protection, recreation and billions of dollars in annual economic activity.

DUC has been committed to wetland conservation for more than 65 years. Despite this, wetland loss continues across Canada. As much as 70 per cent of Canada's original wetlands have been lost in some areas of the country.

A national, private, non-profit organization DUC is Canada's Conservation Company. DUC's conservation efforts take many forms. On-the-ground work is guided by the wetland and

Ducks Unlimited cont'd... pg. 16...

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environmental research of DUC's scientists. DUC works to change policy in favour of wetland and habitat conservation. DUC also delivers wetland and environmental education programs to teach Canadians about wetlands and the need to conserve them.

As a non-profit organization, DUC relies on the support of Canadians from across the country. DUC's dedicated volunteers, members and staff work very hard to help DUC in achieving its conservation mission and vision.

Government of Canada Involvement

On March 14, 2007 Prime Minister Stephen Harper announced a new government land conservation initiative that will see the conservation of 500,000 acres of ecologically significant lands across southern Canada.

Led by the Nature Conservancy of Canada (NCC) and Ducks Unlimited Canada (DUC), members of the Canadian Land Trust Alliance will work with landowners and communities to



conserve critical lands nationwide. This initiative will build on the strong alliance between these conservation groups, a working relationship that has resulted in the conservation of millions of acres of endangered habitats over the past several decades.

The \$225 million investment by the Government of Canada will be matched dollar for dollar with contributions raised by the partner NGOs. (Non Government Organizations)

When making the announcement, Prime Minister Harper said "This investment will result in the long-term protection of Canada's natural treasures. We are taking concrete action to protect species at risk and their habitat."

The key natural areas targeted for conservation through this program have been identified as priorities by DUC and NCC based on detailed scientific ecological assessments. They encompass key ecological regions across the country, including wetlands, coastal shorelines, prairie grasslands, central woodlands and mountain meadows.

Ducks Unlimited in Haliburton County

Currently DUC has 29 projects within a 50 km radius of Minden, which translates into over 200,000 acres of land that has been secured, enhanced developed or protected under agreement. DUC to date has re-invested over \$750,000 into our local communities for the conservation and restoration of our wetlands. Some of these local projects include the placement and maintenance of nesting boxes for wood ducks and mergansers, working with logging and forest companies to insure a natural regrowth of trees around beaver ponds, and placing beaver baffler systems in some dams to insure water levels upstream of the dams are appropriately regulated.

It seems that in our area, being on the Canadian shield, and therefore lacking in mineral-based soil, we do not have the invertebrate population that some wetland bird species depend on. So our wetlands are not as productive as those wetlands in Southern Ontario. What we do have is an abundance of wetlands. Beavers are the architects of our healthy wetlands, and therefore much of the moneys spent in our area is actually based on the numbers and health of our beaver population.

We all know that Haliburton County is mostly comprised of wetlands in some form or another; It's therefore no surprise that Ducks Unlimited has had a Haliburton chapter for 14 years. Their fund-raising efforts and dinners are legendary, and the organization has raised countless thousands of dollars for wetland conservation. In fact Jerry Walker a DU Haliburton member is the present Provincial Chair for the organization.

Ducks Unlimited cont'd... pg. 17...

CALL FOR PROPOSALS



We are looking for innovative organizations with big ideas!

The Haliburton County Development Corporation has funding available to partner with organizations that are looking to undertake innovative initiatives with the potential of making a significant impact on the community economic development of Haliburton County.

Priority will be given to initiatives in the advanced stages of planning that:

- address the priorities of the HCDC,
- involve partners, and
- have a lead organization with the capacity to undertake this initiative.

The HCDC invites eligible organizations to submit a letter of interest and executive summary outlining the initiative, the proposed budget, funding requested from HCDC, partners, impact on Haliburton County. HCDC contribution may be up to \$100,000.

A short list of applicants will be invited to prepare a presentation for consideration. To discuss the process and receive guidelines please contact the HCDC office at:

(705) 457-3555 or e-mail: hcdd@halhinet.on.ca
or visit www.haliburtoncdc.ca

Please submit letter of interest NO LATER THAN APRIL 30th, 2007.
Initiatives must be completed by March 31st, 2008.

P.O. Box 210 Haliburton, ON K0M 1S0

All projects are funded in partnership
with Industry Canada.



... from pg. 16

The Minden Chapter's 2nd Annual Dinner and Fund-raiser

Building on the success of the Haliburton chapter, Minden started its own chapter in February of 2006. Core members include Co-Chairs Brian Hamilton, Bill Kulas, Matthew Hamilton, Brian's son, who is Secretary/treasurer, son Mike Hamilton, wife Mary Hamilton, John Welch, John Thomas, and Larry Little, who is also a member of the Haliburton DU.

I talked to Brian Hamilton, and asked him why there was a need for a second chapter in the county. "We were basically asked by Jerry Walker to open another chapter, and so we did," Brian responds. Jerry must have known something because "we have had unbelievable support from business and donors helping to sponsor our biggest fund-raiser of the year, which is our annual dinner. Last year we raised \$16,000. According to the fund-raising manager of DU we set a record for an inaugural club," enthuses Brian. "I could clearly see a need for it (another chapter). All the tickets to the Haliburton Fund-raiser/dinner were always sold out. Their dinner is the end of October, so our group decided to have it's dinner and auction on the first Friday in May. This year it's May 4."

The Minden chapter has other things going on too. "Right now there's a silent auction at the Minden IGA," Brian adds. We have art displayed there for people to bid on. It's going very well." The phone is ringing constantly in Brian's house and we stop proceedings as he answers it. "That phone call said that we just sold a picture for \$500," Brian says. He explains a bit about how the art auctions work. "The artists, some of them quite famous, like Robert Bateman, donate their work to DU to help us with our auctions, and we raise money by selling prints of the work at the auction, and at the fund-raising dinner." The original works apparently stay with head office. "Last year we sold 146 tickets to the dinner," Brian continues. "This year we're selling 160 tickets. It's so much fun, and there's so much besides the artwork for people to bid on. And when you attend a fund-raiser you become a member of DU, plus you receive the Conservator magazine, along with an official card."

Fittingly Brian sums up "There's so much more to wetlands than ducks. What I like to see is nature at its finest without pollution." As if on cue, as I get up to leave, a pair of mallards takes off from a neighbor's adjacent pond. And as I exit the Hamilton household, lo and behold, sitting swimmingly in the pond in front of the Hamilton property are another pair of mallards, totally at home. It's as if they know that the Hamilton's, and Ducks Unlimited are working diligently on their behalf.

Tickets for the 2nd annual dinner and fund-raiser for the Minden chapter of Ducks Unlimited are \$40, and they can be purchased by calling Brian Hamilton at (705) 286-2188

Pictured is: Brian, Mary & Matthew

H.C.D.C. FUNDING PROGRAM RETURNS!



The Haliburton County Development Corporation is pleased to announce the renewal of the Eastern Ontario Development Program.

We are accepting applications for funding from businesses, sole proprietors and organizations for activities that will support local economic development.

Need Assistance with a Community Economic Development Project?

Funding is available through the Local Initiative Program to support not-for-profit organizations engaged in community economic development projects.

Application deadline
May 14th, 2007

Interested in Hiring a Youth Intern?

Funding is available through the Youth Internship Program to assist local businesses and not-for-profit organizations in providing recent college or university graduates (up to the age of 30) with work experience.

Application deadline
April 30th, 2007

Looking for Skills Development and Training?

Funding is available through the Skills Development Fund to assist local businesses, sole proprietors, business associations and social enterprises with skills development and training for employees and owners.

Application deadline
May 7th, 2007

Working on a Business or Marketing Plan?

Funding is available through the Business Planning Initiative to assist existing or potential local businesses, sole proprietors and social enterprises with the development of business, marketing and export plans.

Application deadline
April 30th, 2007

Thinking About Developing a Vacant or Under-used Industrial or Commercial Property?

Interest free loans (with terms of up to 10 years) are available through the Access to Capital Program for businesses or social enterprises to encourage development.

Continuous intake

Guidelines and applications available on-line at:

www.haliburtoncdc.ca

or by contacting Jim or Patti at:

(705) 457-3555 or hcdc@halhinet.on.ca

Funding must be used by March 31, 2008.

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All projects are funded in partnership with Industry Canada/FedNor.



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Rotary Club of Haliburton Draw



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Gone!!

Wow, wow, wow!! That's what you'll be saying when you see this year's Haliburton Rotary Car Draw's grand prize. It's a brand new bright red, convertible Pontiac Solstice. You'll soon enough see it around the county where you'll also find your tickets on sale for your chance to win this beauty. Of course if you choose, you can forfeit the car for \$25,000 cash. But this may be a car you want to keep. It gives a new meaning to the words "cool car".



Tickets are available now through any Haliburton Rotarian for only \$20 for a ticket. You can also pick up three tickets for \$50 and 7 tickets for \$100 to increase your odds. The grand prize winner will be announced at this year's Rotary Carnival in Haliburton on August 11th. An early bird draw will be held for a 32" flat screen TV on June 11th, so make sure your ticket or tickets are purchased early. Great gift idea for someone's birthday, anniversary or thank-you gift as well.

Last year's winner of the grand prize was Grant Slope of Haliburton who chose to take the \$25K cash. Good luck to all, and we definitely won't miss spotting the winner around if they win and keep this beauty!

Pictured with (my car- just kidding) - the Haliburton Rotary Grand Prize Car for this year is (standing l to r) - Robert denBoer - Rotary President; Greg Bishop - Co-chair of the Car Draw committee; Andy Salvatori of Curry Motors; & seated in the car is last year's Rotary Car winner Grant Sloot. Get your tickets fast - I have a feeling they will be gone quickly!!

Middle age is when broadness of
the mind & narrowness of the
waist change places.

Lawn Care Seminar

If you have questions about lawn care, the Haliburton Curling Club may be the place for you to be on April 21st. Carey's Garden Centre is co-hosting a Natural Lawn Care seminar with Turf Revolution on 21 April 2007 at the Haliburton Curling Club. The event starts at 10:00AM and goes until about 2:00PM. The guest speaker will be Don Powers from Turf Revolution and we will have a variety of the natural lawn care products on display. The admission is by donation with the proceeds to the 4C's Food bank. Further information on the products can be viewed at www.turfrevolution.com or www.haliburton-landscaping-gardens.com. or by calling 754-1680.





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Dining & Entertainment

Accommodations Food Events Music The Arts

On Sunday, April 22 Razzamataz Kids Shows! brings their season to a close with Faustwork Mask Theatre's presentation of Little Big Frog.

The play utilizes masks, music, poetry, puppets, and physical comedy and according to the New York Times *"achieves serious artistic ends... tickles some sort of primal funny bone, [and] deftly walks the line between adult and children's entertainment so that both are entertained."*

Little Big Frog is a fractured fairy tale, and a timeless morality play about developing tolerance for our differences, and the need for self-acceptance. The characters, both animal and human, learn to be happy inside their own skin. The main characters are Little Big Frog, his human friend Bud, and the benevolent and funky Fairy Frog Mother.

As the story unfolds, we learn that Little Big Frog has been "kissed with a kiss that nearly missed" and instead of turning into

the Prince he yearns to be, he has simply become a really big frog. Bud is the inadvertent recipient of Fairy Frog Mother's rusty magical powers, as he learns what it feels like to be an ant, a bug, a coyote, and more. When the princess fails to give the kiss that will make Little Big Frog happy, he realizes that his little life in the small pond was not so bad after all.

The show begins at 2:00 p.m. at YMCA Camp Wanakita (on Koshlong Lake Road off of County Road 1 – look for the signs). Ticket prices are \$8 for adults and \$6 for children (children under 2 may watch the show for free). Tickets may be purchased at the door or by contacting Stacey Bennett at 286-4511. Razzamataz Kids Shows! would like to thank Haliburton and District Lions Club, YMCA Camp Wanakita and Minden Pharmasave for their generous sponsorship of this show.

Passes for the 2007/2008 season will be available for purchase before and after the show. Razzamataz Kids Shows! continues to offer substantial savings with an Early Bird price of only \$15 per person for four shows. Early Bird prices will be available until May 31. After May 31 season passes may still be purchased for \$20 per person.

Follow County Road 121 North for about 7 1/2 kms., and turn right onto Haliburton County Road 1. Follow this road for 24 kms. (through Gelert and Lochlin), and turn right onto Koshlong Lake Road into Donald. There are red finger signs pointing towards Donald the bottom one says YMCA Wanakita. Follow Koshlong Lake Road past the Dairy Bar, the ruins of the old factory and over a bridge. Travel 4.5 kms, staying on the main road, turn left into the parking lot. Welcome to YMCA Wanakita!

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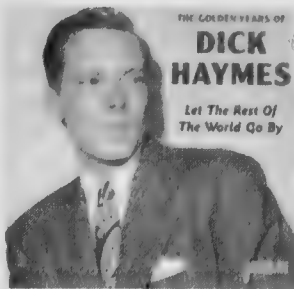
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Music Notes by Greg. J. Roe

A Look At Music's History

Frank Sinatra or Dick Haymes - Which Name Do You Remember?



It would be fair to say that Frank Sinatra is a 'household name' worldwide, but only a few aficionados of the Big Band era likely remember Dick Haymes. Nonetheless, Haymes was the near equal of peers like Sinatra and Crosby. It was life's circumstances that kept him from cashing in on the popularity of singers

at the time.

Born in Buenos Aires in 1918 of British parents, Haymes spent his formative years in the United States after his parents divorced when he was two. He lived with his mother who was an amateur singer, and by the age of 15 young Dick made his own professional debut, singing with a hotel band while on summer vacation. Haymes also dabbled in acting and song writing, submitting some of his songs to bandleader Harry James. James had hired a new singer in 1939 after hearing him on an amateur radio show; his name was Frank Sinatra. Sinatra, who would soon have girls swooning in the aisles, was an unknown at the time, but a motivated unknown! Within the year, Frank announced that he was leaving James to sing with the much more popular Tommy Dorsey band. The rest of Sinatra's story, is well known.

Harry James had not been too impressed by Dick Haymes's songwriting, but he had taken notice of his strong baritone voice and he offered Dick the job of replacing Frank. Haymes did go on to have a number of hits with the James' band and developed a strong and lengthy career, but he never did reach the superstar status of Sinatra. Regrettably his life was plagued with tempestuous relationships, income tax problems and recurring alcoholism. Haymes finally kicked his drinking habit in the 1960's and returned to recording, making his last record in 1978. He died in Los Angeles on March 28, 1980 after a long bout with cancer.

If you enjoy the music of the 40's and 50's, picking up a Dick Haymes CD would not be disappointing. His splendid ballad singing still resonates today.

Free Film At The Moulou

Everyone Welcome To Attend



Many of you know politician Al Gore from the US has long been an advocate for preserving & rescuing the environment. He has produced a movie entitled "An Inconvenient Truth" that will be a huge eye-opener to just how serious of a problem we have on our hands with our world now. The movie trailer has this to say;

"Humanity is sitting on a ticking time bomb. If the vast majority of the world's scientists are right (probably), we have just ten short years to avert a major catastrophe that could send our entire planet into a tail-spin of epic destruction involving extreme weather, floods, droughts, epidemics and killer heat waves beyond anything we have ever experienced."

The movie will be showing at the Molou Theatre in Haliburton on Thursday April 26th at 7 pm and is brought to you by Royal Le Page Lakes of Haliburton Realty and Patient News - admission is FREE! Save yourself a seat by picking up a reserve ticket at Royal Le Page or take your chances at the door. This movie will change your thinking!

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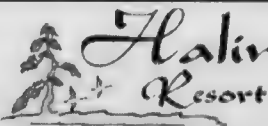
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Where are they NOW

Hollywood Stars Gone Missing

Judy Carn

Name: Judy Carne

Born: April 27, 1939, Northampton, England

Birth Name: Joyce Botterill

Claim to Fame: If you know of Judy Carne then you certainly know her from the show of "Laugh-In" where her phrase 'sock-it-to-me' became a household word.

Family Life: Robert Bergman (May 1970 - 1971) (divorced)

Burt Reynolds (June 1963 - 1965) (divorced)

Married two other times but I have no info on dates or to whom.

Info: She was the swinging, bikini-clad, graffiti-covered British kewpie doll during the first two seasons of the popular Rowan & Martin's "Laugh-In."

However, during the 1970s her career slowly crumbled due to her outrageous lifestyle and drug addiction.

Her career all but ended when she was in a near-fatal car crash in 1978. The accident where she broke her neck was



while her husband at the time, Robert Bergmann, was driving. He was high and Judy pleaded with him to stop driving but as we know this didn't happen and Judy spent three months in a halo traction device.

Judy eventually sued Robert and won \$95,000 to pay back her father, who paid her medical expenses.

Sadly she didn't learn her lesson about drugs. In October of the same year, Judy was arrested at London's Gatwick Airport for drug possession and did a stint in an English women's reformatory.

Trivia: Known as the 'Sock It to Me' Girl Ex-husband Burt Reynolds invited Judy as his guest the first time he guest-hosted "The Tonight Show Starring Johnny Carson" in the early 70s.

They hadn't spoken in six years Judy developed a drug dependency starting with marijuana and eventually became a heroin addict. She asked Burt Reynolds to lend her \$500

promising to use it to enter drug rehab. Instead, she took the money and purchased cocaine (1975).

While shooting an episode of 'Hollywood Squares' she fell asleep in her square, which became her last appearance on 'Hollywood Squares.'

Where is She Now: In 1984 she wrote a book about her life, 'Laughing On The Outside, Crying On The Inside: The Bittersweet Saga of the Sock It To Me Girl.'

This led to a little more face time in America in 1985 where she toured in the talk-show circuit promoting it.

Basically she capitalized on her harrowing drug problem and her disastrous two-year marriage to Burt Reynolds.

Again, however, Judy's resurgence was cut short by more drug arrests.

Since that time she has only appeared occasionally on "Laugh-In" reunions and talk-show spots.

In the 90's she did make a few appearances on 'The Howard Stern Show.' And again it was just a rehash of her troubled life. Last references I could find is that in 2001 she was living in her birth town of Northampton, England

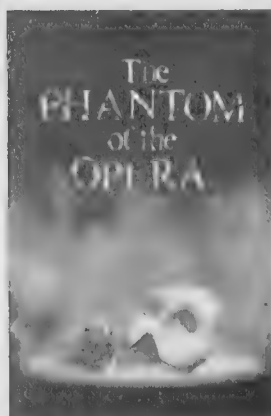


May 9th

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- Dinner
- Theatre Tickets
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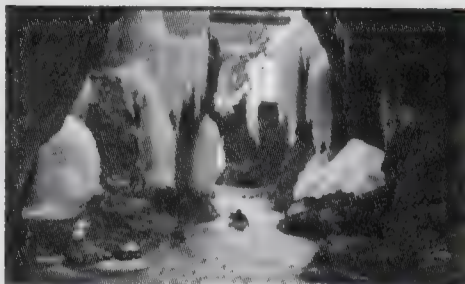
457-2350

**FULL
MENU**

Reel Paddling Film Festival

Saturday April 21 - 2007 - All Day - All Free!!

The Reel Paddling Film Festival will be playing for FREE!! at Fleming College's Haliburton School of The Arts in conjunction with the Spring Art Show and Sale.



The Spring Show and Sale showcases art work created by students and graduates of the Haliburton Campus's eight Art Certificate Programs. Students and alumni from the campus's Glassblowing, Jewellery, Artist

Blacksmith, Ceramics, Textiles, Photography, Sculpture, and Painting + Drawing programs will be displaying and selling spectacular works of art in the campus's Great Hall and corridors, while films screen in three separate rooms.

Films include the best in the Canoeing, Sea Kayaking, Whitewater, Adventure Travel, Documentary, and Short categories, as well as over twenty other noteworthy paddling adventure and documentary films.

The Haliburton Sculpture Forest adjacent to the Fleming Campus in Haliburton will also be open, weather permitting for visitors to take a self guided walk through 22 Canadian sculpture installations in a forest setting. Visitors to the event will receive a free subscription to Rapid, CanoeRoots, or Adventure Kayak magazine.

This event is free thanks to generous sponsorship from the Wilderness Medical Associates and Fleming College. Call 705-457-1680 www.haliburtonschoolofthearts.com or email ckalouda@flamingc.on.ca



Highlands Wind Symphony Spring Concert

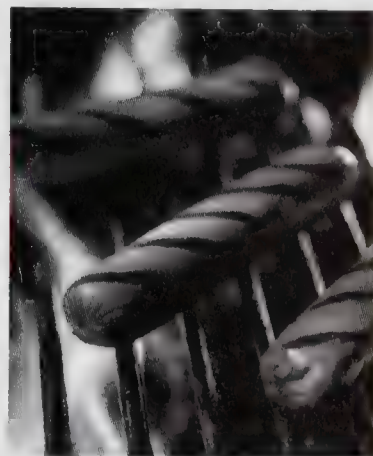
Don't miss your chance for an enjoyable evening of music by the Highlands Wind Symphony at their Spring Concert taking place at the Northern Lights Performing Arts Pavilion, Haliburton, Sunday April 29th, 3:00 pm.

Tickets available at Master's Bookstore in Haliburton and Pharmasave in Minden. For more information contact Ken Loney at (705) 754-4074

M & M Meat Charity BBQ

If you're out and about on Saturday May 12th between 10 am and 4 pm, and looking for a quick bite to eat for a great cause, be sure to head over to M&M Meats (beside the beer store) in Haliburton for the annual Charity BBQ day. For a minimum donation of \$2.50 you will receive

a hot dog or hamburger, a drink and a bag of chips (good deal). You can also purchase and sign a star for a \$2 donation and all proceeds go to the Crohn's and Colitis Foundation of Canada. Also for every purchase of Tasty Burgers in store \$1 will go to CCFC. So come hungry and helpful for this great cause on May 12th. For more info call M&Ms at 457-1121.



A clear conscience is usually the sign of
a bad memory

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Haliburton Legion News:

Open Pool Tournament:

We are having a tournament at the Legion. It will be The Joan McKay Open Memorial Pool Tournament. It will be 8 and 9 ball. On April 28/07. Tourney #1 - 12:00 reg. 12:45 cutoff, 1:00pm start. Tourney #2 3:00 reg.- 3:45 cutoff, 4:00pm start. You will be able to play euchre while you wait. Food will be available. You can sign up in the clubroom in advance or the day of the tournament. Payment will be on arrival the day of the tournaments. Everyone is welcome.

Relax & Enjoy Regular Weekly Events:

Also all activities are still taking place in the clubroom so if anyone is interested in coming out to relax and have some fun you are more than welcome. Tuesday night is darts starting at 7:30pm, Wednesday night is pool starting at 7:15pm, Bingo is Wednesday night starting at 7:00pm. Friday afternoon starting at 4:30pm is the meat draw.

Don't forget that the general meetings are held every second Thursday of the month. Also you need more members than executive to have quorum otherwise Legion business can't be taken care of. Next month will be elections. So be sure to come out and vote as this will decide who will be running the Legion. You must have your membership card with you.

I would like to sincerely thank everyone that supported the executive this past year and hope that the support will continue after the elections. Also I would like to say thank you to all the executive members for all their hard work and commitment this past year. You all deserve a pat on the back for a job well done. Let's all keep the Legion first and for most when it comes to the decisions of the Branch and work together to bring it continued success. And I would like to say thank you to Joanne and Brett for a super job helping promote Haliburton Branch 129 in the Communicator. See you at the Branch.



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Kinmount Legion News:

If You Don't Use It – You Could Lose It...

By John Deak, President

At the time of this message we are only a few weeks away from our 2007 Elections. We anticipate a good turnout for our Elections on May 6th. I strongly urge you, as members, to contact the person you wish to nominate for Office before you place that name for nomination. That way we don't waste a lot of time on nominations of members who had no intention of standing for any Office in the first place. If you do decide to stand for Office then be prepared to work. And I mean work for the betterment of our Legion and community rather than work for personal ambitions.

Your current Branch Executive started out June 1, 2006 with quite a challenge. Keep the doors of your Legion open while contending with the new smoking regulations enacted May 31, 2006 which reduced patron attendance. So far so good, however, it has not been a smooth ride.

Your executive body consisted of a mix of new and seasoned members. Opening remarks at our first meeting identified that some of us are new at our positions, including myself, and that we will be making mistakes. Our biggest problem so far this year has been filling vacancies left by resigning executives. Reasons were numerous. Too busy at work or "personal". Our mistakes were small in nature that had no impact on the financial portion of our Legion. As we learned from these mistakes we improved. Some of our decisions did not sit well with some members, but needed to be made to stay financially stable.

Business hours on Tuesdays and Thursdays have been reduced because of poor attendance. Attendance at our big functions and dances has been disastrous. Some events actually put us in the hole financially rather than help keep these doors open. Lack of support of these functions and attendance at the Clubroom impacts how much we can help our community and its people. A recent donation to our Kinmount Medical Health Centre Foundation of just over \$6,200 has brought our three year total donation to over \$20,000. Without members and guests supporting our functions these donations would soon cease.

Membership is one of the lifelines of our Legion. We are not a big Branch and every paid up membership counts. All members in good standing will have paid their dues by January 31, 2007. If you are in arrears, please forward your dues today to reinstate your privileges.

But you ask, "I am not a Royal Canadian Legion member. How can I enjoy what you have to offer?"

Most of our dances, concerts and Special nights are available for the general public. Our Fridays, Saturdays and Sundays are ongoing Open Houses to the public. Everyone is welcome. Our Friday night Bingo's, darts, shuffleboard and horseshoe leagues are open to non-members as well as members. We have Trivia nights, Karaoke and Jam Sessions to entice you to join us. So come out to join us and enjoy our hospitality. You may want to pick up an application at the Clubroom and join the Royal Canadian Legion.

We will be constructing our new Outdoor Patio as weather permits. Those members capable of assisting in the framing and construction of this are encouraged to contact me as soon as possible. Most of our projects are undertaken by the many volunteers who give their time and resources freely. You are too numerous to mention by name, however, accept our heartfelt thanks for all your efforts.

In closing, most of your Executive has been working very hard to attain our goal "to keep the doors of our Legion open" and I thank them for their dedication. I am lead to hope that after our elections on May 6th we will be joined by many more of the same.

I bring your attention to the old adage..."If you don't use it you will lose it."

At the going down of the sun and in the morning we will remember them.

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Traffic Grow**



**Introducing
The Fireworks
Tree!!**

The colorful electronic animated fireworks that are so real looking and so bright, they are mistaken for the real firework display.

**21' High
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It's an Attention Grabber!!



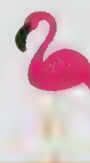
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BERNAFON CANADA

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Wednesday, May 2nd & Thursday, May 3rd
10:00 a.m. until 4:00 p.m.

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Names Of Those Who Attend Will Be Put Into
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Turn Over A New Leaf

Popular LEAF Class Returns To Help Local Residents Learn About Healthier Living

What do burned bread and a New Year's resolution to be healthier in 2007 have in common?

Both are likely toast by now.

That said, local residents still have an opportunity to rediscover ways to eat well and be more active. The Haliburton, Kawartha, Pine Ridge District Health Unit is offering:

WHAT: Learn Eating and Activity Forever (LEAF) Series (Set of four classes free to the public)

WHEN: Begins Tuesday, May 1, from 6:30 pm to 8:30 pm (Continues over the next three Tuesdays at same time)

WHY: Learn about healthy eating by taking part in a supermarket tour, menu-planning activities, a food demonstration and more. As well, discover ways to be more active and move towards a healthier lifestyle.

HOW TO JOIN: To pre-register or to find out more information, call the Health Unit at (705) 457-1391. Space is limited.

LEAF classes have been offered previously in Haliburton County and have proven popular with participants, says Rosie Kadwell, a Registered Dietitian with the HKPR District Health Unit.

"In terms of healthy living, there is no magic potion that goes 'poof',"

says Kadwell. "To live healthier means to eat well and be active, and the LEAF class will show people how to do that."

Elder Abuse Info Session - How to Recognize, Respond & Report with Raeanne Rideout

Saturday May 12th - 1 - 4 p.m.
at the Wigamog Inn.

With the increase in population of seniors, comes the unfortunate, yet hidden increase in elder abuse.

Elder abuse is a hidden crime because there is often a failure to recognize it, a senior is too ashamed to report the abuse, there is a fear of institutionalization and there also tends to be a lack of knowledge about the help and resources that are available.

This Free Session is geared to Seniors, Volunteers, and Friends of Seniors in order to give you the tools to help the vulnerable. For more information or to register for this session, contact Community Care at 457-2941.

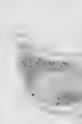


Scientifically Speaking

What When Where Why How

How many hairs are there on a person's head?

You have about 100,000 head hairs and each one grows approximately 0.25 mm/100th of an inch a day. That may not seem like much, but if you added up the daily growth of all your hairs it would total 25 m/1,000 inches. You won't become too hairy, though, because you lose about 50 head hairs a day. That's more than 18,000 a year! Good thing they don't all fall out at once.



Tongue Twister

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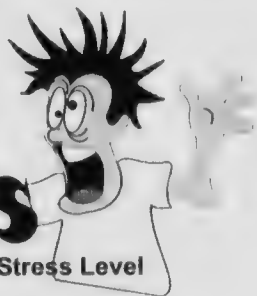
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Climate Change, Despair & Empowerment Roadshow

Many people are feeling a sense of hopeless despair regarding the current news about climate change... what can one person do anyway, it's too late, etc. etc. John Seed is taking his message across North America to catalyse, invigorate and support grassroots climate study/action groups.

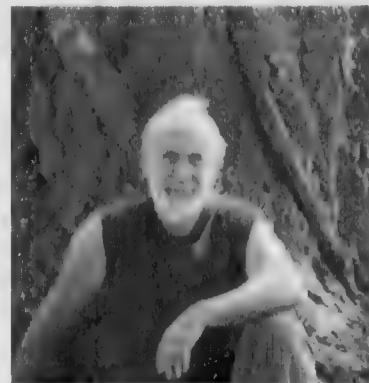
And guess what – John will be touring through Haliburton for a public forum on Monday, April 30th at the Fleming College from 7 – 9:30 p.m. Admission is by donation.

About John Seed

John Seed is an Australian environmentalist and director of the Rainforest Information Centre which successfully campaigned to save the sub-tropical rainforests of New South Wales. He is also a prominent figure in the deep ecology movement and co-creator, with Joanna Macy, of the Council of All Beings, and other re-earthing processes. John Seed recognizes that “nothing short of a total revolution in consciousness will be of lasting use in preserving the life-support systems of our planet.”

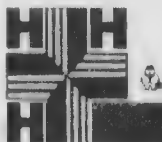
Included in this evening will be:

- a video presentation that includes footage of Al Gore speaking about the importance of grass roots response. Leadership in the wrenching changes that are necessary can only come from government and industry once we the people have given them the mandate and the courage.
- a discussion of local initiatives and directions, and the importance of direct democracy and grassroots action needed to awaken those around us to the urgency of understanding and action.



Join us as we say thank you!

Thank
YOU
6 Million Times



Saturday, June 16, 2007

Minden Facility 10 am

Haliburton Facility 2 pm

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HALIBURTON HIGHLANDS HEALTH SERVICES FOUNDATION

705-457-1580/286-1850 • www.hhhs.on.ca/foundation.htm

Wednesday, April 25th, 2007
6-9 p.m. at the Wigamog Inn
Cost: By Donation \$5-\$10

When I lived in Etobicoke, I waited eagerly throughout each winter for the spring shows, and often went to many of them: Cottage life, Sportsmen, Outdoor Life, Canada Blooms...you get the picture. Somehow, though I really bought little, the shows confirmed for me that winter was over, and color came back into the world.

Since moving to Haliburton County, I've not attended a single one of those "spring shows." instead, I am brought to a standstill each day by the true "spring show:" earth's emergence from the death of winter.

What a clean sweep winter makes! Everything appears to die – "appears" being the key word. And how do things live in that deadly, paralyzing cold? Yet, as soon as the sun – that mystical originator of all life on our planet – pushes out a bit more warmth – the whole earth responds by leaping out of the soil. Which is what happened this spring, with our early April heat.

This year the show is spectacular. Every one of my senses experiences some dancing with delight every day, and every day there's something new. I am almost blinded by the singular and particular appearance of so many distinct colors of green, and by the vivid colors of early blossoms that I'm sure I didn't notice last year. I stand paralyzed, hardly breathing, amidst hundreds of birdsongs that I am very slowly learning to name. I am more alive when I taste the new dandelion and the first fiddleheads, bursting with spring energy. When my gardener's fingers dig into the soil, warmed only at the top, and when I can be warm enough to allow the rain to fall on my skin without running for a coat, I feel the blessings. And then there are the smells! This year I am drunk with hyacinth and balsam poplar and other unnamable fragrances, and that musky pine smell that rises from the ground and seeps through the pores of my skin.

And I've said nothing yet about the birds who inhabit our river – herons and a pair of American Bitterns, Wood ducks and Black ducks and a snowy American Merganser couple and the two Canada Geese who nested on the river this year. There is the Broad-Tailed hawk and the tiny Merlin falcon chasing a raven from his territory. And besides birds we see beaver and muskrat and fox and weasel and otter, and – on Easter Sunday afternoon – fourteen Blandings turtles sunning on a log, not to mention the giant snapper who bumped the kayak of my housemate.

Oh, I am only just beginning to love the earth, as Denise Levertov (poet) said when she turned seventy. At least I have a few years on her. And every year, for the rest of whatever time I have left, I want to get to know – intimately, particularly, and erotically – the spring show that takes me into its boudoir and nourishes my every sense. And my soul too.

Who would want to go to the International Center in Mississauga after that?

try this: go outside some warm evening and see how many of your senses are touched and filled by the simple being of the created world.

Feng Shui

Are you curious just how this ancient oriental art of special design can be applied to our modern homes and way of life? Then

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Handouts are included and light refreshments will also be served. You will actually leave with enough information to start the Feng Shui process right in your very own home.

Don't miss out – seating is limited – so register today!

Board Of Directors Needed

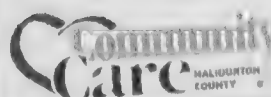
Community Care Haliburton County is seeking innovative, dedicated, community minded individuals to sit on our Board of Directors.

CCHC is an county-wide agency dedicated to providing services to seniors and adults with disabilities and/or illness and their caregivers, enabling them to remain independent at their place of residence for a longer period.

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- CCHC has Liability Insurance for Directors
- CCHC is funded by Ministry of Health & Long Term Care

• CCHC has over 150 dedicated volunteers
Individuals who are interested in volunteering for Board positions should forward a letter with CV/resume by May 7th 2007 to:

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11

Tomatoes
Vitamin A

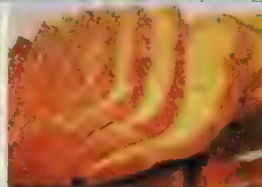


10 Cups

Green Beans
Folate

30

Broccoli
Selenium

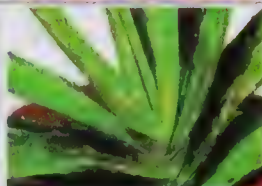
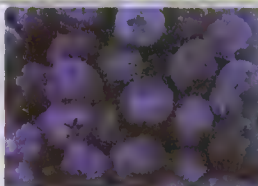


19

Wheat Slices
Zinc

96

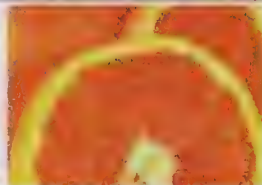
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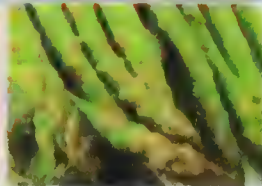


12

Orange Slices
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71

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It's the Law

It's the Law

In Georgia, it's against the law to spread a false rumor.

In West Virginia, one can't cook sauerkraut or cabbage due to the odors and the offence is subject to imprisonment.

In Missouri, a man must have a permit to shave.

The law states that more than 3000 sheep cannot be herded down Hollywood Blvd. at any one time.

In Texas, it is still a "hanging offense" to steal cattle.



Depression is merely anger without enthusiasm

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Crazy But True Law Suits

Stephen Joseph of San Francisco, Calif. Joseph runs a non-profit group whose goal is to ban the "trans fats" used in many processed foods and which are indeed very unhealthy. But to help gain publicity for his cause, Joseph, an attorney, chose one food that uses trans fats — Oreo cookies — and sued Kraft Foods for putting the stuff in the snack. The resulting publicity over "suing Oreos" was so intense that Joseph dropped the suit after just 13 days. He never even served the suit on Kraft, showing that he had no interest in actually getting the case heard in court. What real cases got pushed aside during his abuse of the courts to get publicity for his pet organization?

Attention all Book Lovers!

Their book sales have been such a success, and they are doing it again! The Minden Museum is pleased to present their annual Book Sale taking place at the Minden Hills Cultural Centre's Common Room, 176 Bobcaygeon Road in Minden.

Get great deals with books going for \$2/bag or 50 cents per book.

The event is taking place Saturday April 28th from 9 am – 3 pm

All funds help defray the costs of a new program offered at Museum, 'Minden's Coin Club'

Breakfast Meeting With Writer Shirley Roe

The Haliburton Highlands Writers' and Editors' Network is pleased to present Breakfast Meeting with Shirley Roe – taking place Saturday, April 28, 2007 at 9:00 a.m. at the Red Umbrella Inn - (5 minutes North of Minden on Highway #35)

Shirley Roe, freelance writer, published author & Managing Editor of Allbooks Review, offers straightforward author promotion and a review source for published authors. She is an international source for editing and book sales. Shirley's website, www.allbookreviews.com, was listed in the 101 Best Websites for Writers for two years in a row.

The cost to attend is \$17.00 for members, \$20.00 for non members. This includes a Full Breakfast Buffet

To register, please call Kay at 705-286-6635 or email kathleenmillard@sympatico.ca.

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Lange on the Law *Donald Lange*

by **Donald J. Lange**
Barrister & Solicitor

Constitutional Law

Canada is governed by a federal constitution. The main constitutional documents are the *Constitution Act, 1867*, (formerly known as the *British North America Act, 1867*) and the *Canadian Charter of Rights and Freedoms*. In our federal system, sovereignty is divided between two levels of government. The constitution distributes powers and responsibilities by two lists of categories or classes. One list is for the federal parliament, the section 91 powers. The other list is for each of the provincial legislatures, the section 92 powers.

By far the most important of the class of subjects assigned to the exclusive jurisdiction of the provincial legislatures in section 92 is that of "property and civil rights in the province" since all legislation affects civil rights in one way or another. Some authorities have viewed the subject of "property and civil rights" as encompassing the entire field of law-making apart from criminal law.

The *Constitution Act* has divided responsibility for criminal law between the federal and provincial levels of government. Under section 91(27), the federal parliament is given the exclusive power to enact criminal law and criminal procedure. However, the enforcement of the criminal law is allocated to the provinces pursuant to section 92(14), which provides that the provinces have exclusive power in relation to the "administration of justice in the province." Thus, the provinces have the right to lay charges, to prosecute offences, and to establish and maintain police forces. Criminal prosecutions are also conducted in courts established and maintained by the provinces.

In our federal system, the judiciary has the authority to resolve disputes over the distribution of powers in order to ensure that neither level of government exceeds the powers that are allocated to it under the constitution. Over the last century, there have been many important decisions about our constitution. Quite a few of them were made in England by the Judicial Committee of the Privy Council which was the court of last resort for appeals from Canada via the Supreme Court of Canada until 1949 when it ended.

In the next column, I will be talking about the rule of law under the constitution.

Learn A



Word

Acquiesce

\a-kwe-es\ v: to accept, comply, or submit without open opposition.

Clark acquiesced when his mother-in-law insisted that he have a second helping of pie.

Donald J. Lange, LL.B., Ph.D. (Cantab.)

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Mindful Hypnotherapy

Using Your Mind to Help Yourself

By George
Farrell

There's been some interesting assignments come my way since I started writing for the Communicator, but I was especially looking forward to doing this story

on hypnosis, because you see, I am a sceptic regarding such things. I wanted to experience two things on my visit to Ellen Kind of Mindful Hypnotherapy : one, to see someone putting another person into the so called "trance" state, and two, to have myself "put under," so that I could experience first hand, what it was all about. I did not expect my feelings regarding hypnosis to change much after my experiences. Now I'm not so sure.

It's not that I wanted to go in and try and disprove the tenets behind hypnosis, it's just that like so many people I have apparently, according to Ellen, been led astray by the entertainment factor of the celebrity hypnotist. So right away the wind was taken from my sails because what I had previously thought of as hypnosis, was not what I was about to see and experience at all.

So before getting started I think it's only fair to expose some myths many of you, like myself, have about hypnosis. The facts as opposed to the myths about to be related can be found in Ellen's brochure. Keep in mind that Ellen's hypnosis sessions are therapeutic.

Question 1: Will I lose consciousness or be asleep when hypnotized?

Fact: No, you will not lose awareness or fall asleep. When hypnotized you will be aware of everything and hear everything going on around you.

Question 2: Will I do odd, crazy things?

Fact: No. If you have witnessed a hypnotism show, you can see how one might get that impression. People come to these show with an expectation of this, and volunteers are solicited,; these are the people who will participate freely in the act. Because you would be coming for other reasons, not for entertainment, you will not do anything you do not want to do. Under no circumstances can one be hypnotized to do what is objectionable to them.

Question 3: Will I surrender my will and lose control?

Fact: You cannot be hypnotized against your will. Hypnosis is not a clash of wills. It is a condition of trust and co-operation between the subject and the hypnotist. The ability to be hypnotized rests within you, the person to be hypnotized. You are always in control.

Question 4: Can I get "stuck" in hypnosis?

Fact: There is no danger of you getting "stuck" and not being "brought out" of hypnosis. Since you hold the control, there is not difficulty in terminating the hypnotic state.

Question 5: Will I reveal secrets I don't want to?

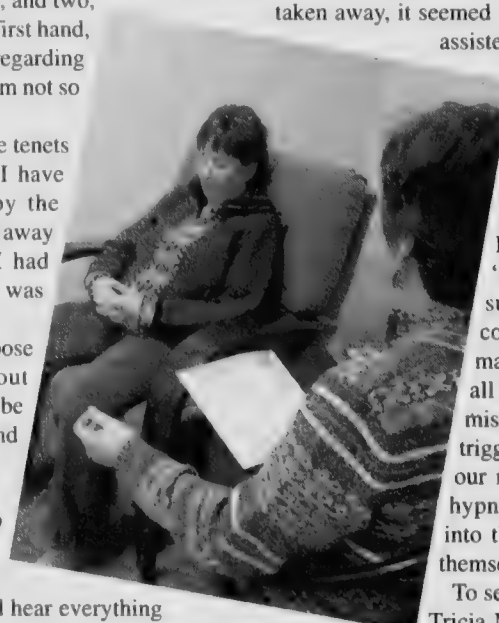
Fact: You will not reveal any secrets you don't want to. Remember you are in control at all times.

Well, if all the pre-conceived myths surrounding hypnosis have been taken away, it seemed to me that what was left was little short of

assisted meditation. To some degree that's what therapeutic hypnotherapy is all about, but it needs someone experienced like Ellen King to guide the patient to a sub-conscious state. "All hypnosis does is relax the conscious mind and kind of puts it aside in order to access the sub-conscious mind. It's like when you are driving your car on 'auto pilot'. Our skills of driving are in the sub-conscious mind. Our conscious mind comes into play when a decision needs to be made, like stopping for a red light." We have all experienced driving on 'auto pilot' and missing our turn-off. It's not until something triggers the conscious mind again that we realize our mistake, stop to car and turn around. "So hypnosis then," says Ellen, "is to get people into the sub-conscious state. They are doing it themselves, with my help".

To see how the process works Ellen had invited Tricia McCarthy, who is an addictions counselor for FourCAST, to undergo hypnosis. Tricia had been "put under" by Helen on previous occasions. Tricia sat back in what I later discovered was a deliciously comfortable recliner, and relaxed. The lighting was subdued in the windowless room, but we could hear some sounds from outside the closed door. Ellen sat close to Tricia in another chair, and the session began. Through a slow-paced series of softly spoken suggestions from Ellen, Tricia closed her eyes and concentrated on the suggestions to start consciously relaxing muscle groups, starting at the head and moving down the body. By pace of delivery, suggestion, softness of soothingly spoken words, and the willingness of Tricia herself to be compliant, I could see Tricia slowly relax within herself, and presumably enter the sub-conscious state. Just by observing I felt myself becoming "heavier," for want of a better word.

Ellen did not have Tricia do anything spectacular, but she did take Tricia to the "place" where therapy could begin, and I could see the benefit of having someone in such a "suggestive" state. Tricia "awoke," at her own pace, which only took a second or two, after a suggestion from Ellen to awaken. It's funny, but I realized that some sort of "spell" was broken as we all once again began to communicate, after the calm of the mini session. You will forgive my many parenthesized words I hope,





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Mindful Hypnotherapy cont'd... pg. 25...

Mindful Hypnotherapy Cont'd...

... from pg.34

in the realization that I am not a medical professional, and hypnotism is not an exact science).

I asked for Tricia's impressions of being 'put under'. She explained, "Being here I'm prepared for what needs to be done, so I agree to the process-just listening, and following Ellen's direction. I was aware of everything that was going on (sounds from outside the room), but it wasn't distracting. There's not a lot of difference for me between meditation and hypnosis. There's a sense of safety. For me I don't feel like I'm going into an altered state. There are no hallucinations; it puts me in a relaxed state, so that you can have a single focus. It's therapeutic. I believe in hypnotherapy as a healing therapy. I believe hypnosis can help you heal yourself because it's cluing you into what you need. I felt relaxed but energized. It just feels good-there's no negative attached to it at all. I look at it as a natural occurrence-we do it all the time-sometime you see people daydreaming, staring off into space. That's a kind of self induced hypnotic state."



The reasoning behind Ellen King's Mindful Hypnotherapy is to help people to help themselves with some of their problems, in order to

overcome them-changing the negatives to positives. She is a registered Social Service Worker with the Ontario College of Social Workers with 30 years experience working with children, adults and group, and she is a certified Hypnotherapist through the National Guild of Hypnotherapists. "What I do is change some kind of behavior that my clients decide is not in their best interest," says Ellen. "Smoking, weight loss and stress reduction are the main reasons people come to see me. Some others are

getting rid of fears and anxieties-pain control is a big one." There is a question period to discover what the issues are and it may take 4 sessions to prepare the clients to quit smoking, for instance."

A single, one and a half hour session is \$80, but discounts are available for multiple sessions. "In every session they have reduced their nicotine intake," Ellen explains, "so by the end of the sessions they have quit. Most people have already tried everything, and nothing else has worked. With my 4 session program, over a 4 week period, I have a 95% success rate. Some very committed people can quit after 1 session, and I have done follow-up and discovered that in fact they have quit smoking, and they haven't gone back. In the sub-conscious hypnotic state I am helping clients through their senses to identify causes, and beliefs

Hypnotherapy cont'd.... pg. 37...

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Have You Ever Wondered *Why is it that...*



In old-time pregnancy tests, did the rabbit really die?

Aerosmith in "Sweet Emotion" sings about being accused of impregnating a girl. At the end of the verse they sing, "can't catch me 'cause the rabbit done died," referring to a pregnancy test. Arguments start over just what this test entails.



Most say the bunny will die, but can't agree as to why. Some say the rabbit will always die because they kill it before they take its blood (which seems pretty dumb). Some say they inject it with some fluid taken from the woman and it dies a horrible, convulsive death. And some say they have to dissect the rabbit after it has been injected. This was before those home test kits, but wasn't there a better way?

The rabbit test isn't used much anymore. Many people had the idea

that the death of the rabbit signified a positive result; i.e., you were pregnant. What were you supposed to do, cheer for the rabbit to die?

The truth is, the bunny died regardless of the outcome of the test—not happy news, but at least we get away from the equation of one more human = one less rabbit.

Here's the background. In the rabbit test and other pregnancy "bioassays" (animal-based tests), you injected some of the woman's urine into the critter and observed what happened. During early pregnancy the urine contains an elevated level of hCG (human chorionic gonadotropin), which triggers "corpora hemorrhagica" (bulging masses) in the female rabbit's ovaries. Grim though these sound, the real problem for the rabbit was that you couldn't see them if the rabbit was in the way. The accepted procedure was to kill the animal and dissect it.

Other pregnancy bioassays didn't involve killing the test animal. But they all seemed to involve squeezing pee out of a frog, sticking a tube up a toad's behind, or performing some other grotty procedure that made you understand why doctors charge so much. When cheap, fast tests without animals were developed, it wasn't just pregnant women and rabbits who heaved a sigh of relief.



Mindful Hypnotherapy Cont'd...

... from pg. 35

and helping them change their belief systems." And with that piece of information I reclined in the recliner and prepared to be hypnotized.

For my own experience, I was comfortable immediately. Ellen is good at making a person feel comfortable, and as her soothing voice took hold and I went through the relaxation process I closed my eyes and shortly I began to feel 'comfortably heavy', and receptive. I knew that I was 'somewhere else' when my wrist was picked up without resistance and dropped like the limp thing that it was. I was still aware though, and I did not manage to proceed down imaginary stairs "slowly one step at a time, one...two...three..." Nor did I manage to get myself to the beautiful beach where gentle breezes were wafting and the ocean was rolling gently into to an idyllic shore. But when after a while Ellen asked me to open my eyes, I did so with some reluctance, and upon extracting myself from the recliner I did feel somewhat enervated.

So for me, being hypnotized by Ellen King reduced my skepticism, and I can see that for a person seeking help with specific problems, who might have tried everything else, hypnosis could work for them. It could work for you, so give Ellen a call. She can be reached at 286-6860 or by email contact@mindfulhypnotherapy.ca. She is located at 5 Bobcaygeon Rd. in beautiful downtown Minden.

Pictured with story: Tricia McCarthy is under hypnosis - also pictured is Ellen King

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children and their parents or caregivers can get together with their kids and do things together, or separately. They are places where parents can meet, and where their pre-schoolers can play in safety, and they are places, where kids with working parents can go, before and after school. So, in a nutshell that is what the Ontario Early Years Centres offer. But there is so very much more.

The Early Years Centres are to be found in both Minden and Haliburton. In both communities Early Years features a drop-in centre. The drop-in centres are places where mothers, fathers, grandparents and caregivers can take their pre-school children, let them play and learn, while the adults can meet other parents, and take a break from the daily grind of having to constantly monitor their young charges.

In Minden there's also an Early Years Day Care Centre, for parents who need to leave their children all day at one facility while they are at work. In addition there's also a Mobile Outreach van which takes some of the programs offered in Minden and Haliburton to Wilberforce. The Mobile Outreach van can be found at the Lloyd Watson centre in Wilberforce every other Thursday.

Julie Pearson is the Early Learning Program Co-ordinator for Haliburton County. She says that "Early Years Centres are Province-wide, so when a family moves from one place to another parents can get to know their neighbors, and something about their new communities through meeting other parents at our centres. Our drop-in centres provide programs and support for families and caregivers of children aged 0-6. All parents need assistance or support at one time or another, and we can give it to them."

Stephanie Black is the lead for the Early Learning Program staff in Haliburton, and she takes up the discussion by giving a run-down of what kids and parents can expect from the drop-in centres in Minden and Haliburton. "Both centres are open from 9:30 a.m. when the parents and kids come in, until 1:00 p.m." she points out. "The kids go play and mom may have a coffee, tea, visit with other parents or read a story to her child. At around 10:30 in the Haliburton centre we have singing and story-time circle, for parents and kids. After the circle, at about 11:00, kids have a snack, and then do some creative craft work, like painting, or play dough. There's a sensory table where they can play with sand, rice, or water." It's a tactile experience. "It's self learning," Stephanie continues, "where they can do messy things-and neither the kids nor parents have to worry about messing things up at home. It's a social and learning experience for both the kids and parents."

"After the tidy up from the crafts it's time for lunch. The parents prepare their own lunch-we don't provide food unless it's a special event. A lot of this is preparation for school. Parents can talk to each other about common concerns. Plus parents learn a lot here from what they can take

home with them. There's a toy and book lending library. There are parenting and childrens books, educational toys like building and construction games, and puzzles," Stephanie concludes.

For many parents, especially first time parents, there's a lot to learn. How many times have we heard the refrain that "nobody prepares you for being a parent?" Well, the Ontario Early Years Centres can certainly help. Brenda Duncan is the Parent Education Co-ordinator for Haliburton and Minden. "The parenting program can be anything," Brenda begins. "It might be around behavior issues, ways to make learning fun for kids, or how to keep their kids healthy. We have specific programs like Mother Goose, which is a parent and child program which leads to early literacy, and early attachment and connection between a child and the parent, which does not always come naturally to some parents, but which is really important."

For some programs the Early Years Centres partner with other agencies. Physical fitness is a topic which both the Ministry of Health and many parents rate very highly, Brenda points out, "so we have our Swim and Gym program. Kids and parents can swim and go work out in the gym at the Wigamog. It's a relationship that we've had with the Wigamog for 10 years. There's also Kinder Gym, and we partner with the Haliburton

Dance Arts Studio, which we've been doing now for 2 years," Brenda continues. "There's a new physical fitness program called Move and Groove. It's a stroller-fit program where groups of parents push their kids in strollers to get exercise. The kids are taken to playgrounds. For that program we partner with the HKPR District Health Unit. We do a wide variety of programs based on parents requests." In response to a query regarding funding Brenda points out that "We're a not-for-profit organization, and although we do some fundraising of our own, the majority of our funds come from the Ministry of Child and Youth Services

Bev Jackson is an Early Literacy Specialist, and she says that "the Early Literacy forums provide information to parents and the community around kids language development, and it's also about developing early pre-reading and writing skills. I have a number of tools like brochures, and I also provide workshops for other professionals and agencies who offer services for children under 6, like private daycare centres, libraries, schools, kindergarten, and the people at places like Point in Time with whom we partner with the Mother Goose program."

There's always seasonal activities, taking place at the Ontario Early Years Centres, and guest speakers from other agencies like Debbie Dean from the HKPR District Health Unit, come and share information. Debbie talks about dental health, and she brings along her friend Allie the Alligator to help out. Claire Sylvan from Point in Time does infant massage. It helps to develop a physical connection, especially between mother and child, plus it helps the children to relax and sleep.

On May 24th In Haliburton, Educational Services will talk about bus safety. It's for pre-school kids and their parents. After receiving some



Early Year's cont'd.... pg. 39...

Ontario Early Years Cont'd...

... from pg. 38

important information kids and parents get loaded on the school bus, and they go to the Stuart Baker public school to visit the Kindergarten there. The same thing will be happening in Minden in July.

So parents, grandparents and caregivers, your taxes are helping to pay for the wonderful services provided by the Ontario Early Years Centres, and we have only touched on a few of them here. Take advantage of these programs and services, and do your kids a huge favour by giving them a head start on their education. At the same time you can give yourselves a breather, the opportunity to catch up on the latest in parenting and childhood education, and an opportunity to talk to other parents who share your joys and concerns.

The Haliburton and Minden Drop-in Centres are open from Monday to Thursday inclusive 9:30a.m. -1:00. The Haliburton Drop-in Centre is located in the Halco Plaza. You can reach them at (705) 457-2989. The Minden Drop-in Centre is located at 144 Bobcaygeon Rd. You can reach them at (705) 286-1170.

The Childrens Learning Daycare Centre is located at 16 Prentice St in Minden. Call them at (705) 286-4074.

-30-

Cut Line

Pictures from the Minden Early Learning Centre. The boys in the one shot are Ryan Hall, Ty Mills and Ben MacNaull

The picture of the mom reading to her daughters is Nicki Mills, Alexius Mills and baby Sofie.

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Ontario Early Years Events for April / May

Wanted by May 4! Gently used children's books and music CD's. We are collecting used books and CDs for Family Fun Day. They will be given away to other children from Haliburton County. If your children have outgrown these items we would appreciate the donation. Please drop off at the Minden or Haliburton Early Learning Centres.

Haliburton OEYC Kindergarten Visit Day on May 24th
We will learn about School Bus Safety, at 10:15am then take a bus trip to Stuart Baker for a classroom visit from 11am to 12pm. Please Sign Up in Advance. There will be a pizza lunch back at the centre on the bus return. Please ask about childcare for siblings.

Move & Groove Stroller fun for Parents and Children
Haliburton OEYC - May 1st to June 12th 10:30 to 11:30 am

Join other parents to... Kick-off your spring walking plan; Gain tips & ideas to stay motivated for success; Show your child the importance of physical activity; Come with a friend or connect and make new friends. Healthy Snacks and weekly prizes!

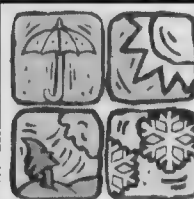
This program is provided in partnership of Ontario Early Years and HKPR District Health Unit.

Call 457-2989 to register or for more details.

Play and Learn in Wilberforce with the Ontario Early Years Mobile Outreach. Drop-in and see us every other Thursday at the Lloyd Watson Centre from 9:30 am to 12:00 pm. Parents and children 0 - 6 years will enjoy activities, crafts, and active circle times; toy and book lending; ideas to help keep kids healthy and safe; nutritional snacks; and guest speakers. Join us on May 3, 17, 31 and June 14. . Call Ontario Early Years Haliburton for more information 457-2989.

Books Bears & Blankets at the Minden Ontario Early Years Centre, Tuesdays May 22, 29 and June 5 from 5 - 7 pm. Putting the FUN back into bedtimes for parents and children 0 to 6 years. Join us dinner, tips and ideas to make bedtime challenges easier and stories, songs and soothing activities to prepare children for bedtime. For more information and to register call 286-1770

Without geometry, life is pointless

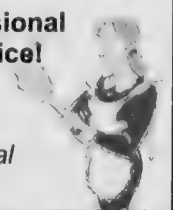


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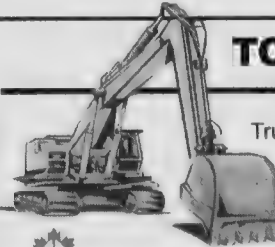
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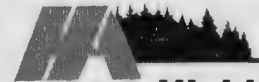
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100 Women's Institute Celebrates Years

by George Farrell

The formation of Scouts Canada was not the only thing of consequence to happen in 1907. That year also marks the formation of the Women's Institute in Minden. That's right the Women's Institute in Haliburton County is 100 years old.

Women's Institute officers Mrs. Wm. Fielding, Mrs. Donald Hartle, and Mrs. Wm. Dean, and 27 Charter members held their first meeting in June of 1907 at the Minden Town Hall. Many of us either don't know what the Women's Institute is all about, or have forgotten just how historically important this group is, and what it contributes to rural society today. So let's go back in time for a small history lesson.

History of the Women's Institute

As is so often the case, this particular history starts out with a single person. Adelaide Hoodless has often been singled out as having been the most creative of the host of enlightened Social Reformers who emerged at the turn of the 20th Century. While a primary participant in the establishment of the Women's Institute (WI), she was also a key



Mary Cox Secretary, Pamela Rolfe president, Jean Cox former President

organizer of the National Council of Women of Canada, the Macdonald

Institute, the Victorian Order of Nurses and the National Council of the YWCA. Which like the WI are all institutions that continue to this day and have had a positive impact on the emergence of Canadian women as being amongst the most self-governing in the world. That is a magnificent record of achievement for a woman who began by first speaking somewhat timorously at a 1893 Farmer's Meeting, telling those assembled that the health of their wives and children that they were neglecting was "far more important than that of their farm animals."

Motivated by the loss of her child to infected milk, Adelaide Hoodless led a campaign for the pasteurization of milk; she became President of Hamilton's YWCA and worked to strengthen the capacity of

women and girls through homemaking training. She founded Domestic Science, (Martha Stewart a century before her time) and with untiring energy did not stop until 1898 when the Ontario School Curriculum established Home Economics for girls and Manual Training for boys. Ms. Hoodless was a delegate to the very first World Congress of Women in Chicago in 1893. With the Victorian Order of Nurses she created what is still today a National, non-profit organization devoted to home nursing and health care directed particularly to the elderly and chronically ill.

With all these accomplishments however, it is broadly agreed that Adelaide Hoodless's crowing glory was in the establishment of the Women's Institutes. On February 19th, 1897 she spoke at a special meeting of Farmer's wives in Stoney Creek, (near Hamilton) Ontario. From that beginning a formal start was made on finding the resources to assure development of women's confidence, health and well-being in addition to encouraging their abilities and capacities to live powerfully and successfully in rural communities. In a time when women were discouraged from gaining an education and most families felt that educating 'girls' was a wasteful extravagance, Adelaide Hoodless sought nothing less than the development of a sort of rural university system for women through WI.

The world's first Women's Institute was organized at Squire's Hall, Stoney Creek, in 1897. Erland Lee, a founder of the Farmer's Institute, arranged the meeting. About 100 Women from Saltfleet district attended and were persuaded by Adelaide Hoodless to form an organization of their own to improve their skills in the arts of homemaking and child care. Here, in the Lee home, Mr. Lee subsequently helped to draft the constitution of the new society. Mrs. E. D. Smith of Winona became the first President of the Mother Institute. The Women's Institute went on to become a worldwide organization.

Each year, April 29 is set aside by Women's Institute's around the world to celebrate the accomplishments of the organization in the fields of agriculture, health, sanitation, literacy and leadership development. The accomplishments are many and varied.

In the early years, courses were held in cooking, sewing, home nutrition, childcare and handicrafts. The format was a lecture with a demonstration,

Women's Institute cont'd... pg 43...

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100 Years

The Adelaide Hoodless Homestead

followed

by a question period. Because each WI operated at the community level, each was able to quickly adapt to fulfill the specific local needs. For example, in 1919, after Alberta had been struck by

the Spanish Influenza epidemic, the Women's Institute began teaching women methods of home nursing and first aid. In excess of 3400 Alberta women undertook this particular course between 1920 and 1923.

In 1924 the first annual Women's Institute short course was held. The course was a month long and branch members throughout Canada were asked to send a representative. These representatives returned to their respective communities to teach what they had learned. This turned out to be an effective format which remains in use. Subjects expanded to include agricultural topics, such as: dairying, beekeeping and poultry rising. Later banking and business skills became part of the standard course.

Another educational method used by WI's was the publication of pamphlets. These were referred to as "loan papers" and were kept on file at provincial Department of Agriculture offices. WI members could borrow these papers for two-week periods. Pamphlet titles included topics such as: Stocking Winter Gardens; Care of the Sickroom; Household Sanitation; Little Economics; Harmful Weeds; How to Get More Eggs; Hay-box Cooking and Labour Saving Devices.

The Depression years brought a new interest in civic responsibility. WI's began studying laws relating to women and children, the Old Age Pension Act, The Mother's Allowance Act, The Minimum Wage Act for Women and Girls, and the Devolution of the Estate Act. WI's became active in recommending legislative change to the Federal Government.

Study circles were utilized as a method of education and socializing. In the early 1940s, with the inclusion of the National Farm Radio Forum and Citizen's Forum content in the study circles, a deeper and richer exchange of ideas improved the educational experience.

Nationally, the objectives are concerned with issues of rural child care, farm safety, legal rights, fair pay, renewal and restructuring, literacy, health, stress on farm families, and financial planning.

Internationally, the WI's supports programs with concerns such as nutrition, leadership training, farming techniques, money management, family planning, HIV/AIDS awareness, small business development and skill training. A program entitled Water for All Fund helps by providing water tanks, bore wells, hand pumps, education and training. It also supports programs that help improve health and hygiene. More than one hundred years after the first Women's Institute was formed, this institution continues in its endeavors to improve the lives of rural families.

In Canada the WI operates as a National group called the Federated Women's Institute of Canada. There are also provincial federations. In Ontario it's the Federated Women's Institutes of Ontario. Then things are

broken down into branches. The Minden WI group belongs to the Victoria East branch, which includes groups in Norland, Powles Corners and Pleasant Valley. It's interesting to

note that the Minden group, which is celebrating its 100th anniversary, was up and running 12 years before

the National group was formed in 1919. The list of the Minden WI's accomplishments and projects from its early years to today is too long to mention here, but those accomplishments are in keeping with the accomplishments of all WI groups across the country.

The Minden WI presently consists of 18 members, and I met with three of them; Mary Cox Secretary, Pamela Rolfe President, and Mary's sister-in-law Jean Cox, in whose house we met. Jean was a former President. Pamela commences by summarizing some of what the local WI does.

"We raise money to donate to deserving charities," she succinctly opens. "We give locally to school lunch programs, the food bank, the library, museum, and the hospital. In three years we have raised \$2500 for the HHHS," she says proudly, "and we raised that money by catering for events such as the Artisan Festival."

Mary jumps into the conversation. "We also fund-raise twice a year among ourselves. We have auctions sales where everything must be home made; like knitting, preserves, sewing, and crocheting. We also have a plant sale amongst ourselves."

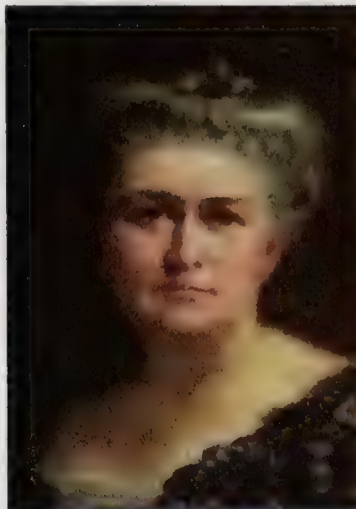
"At each meeting we do an educational paper," says Jean Cox. "Someone speaks on a topic. Sometimes we have guest speakers. Last month I gave a talk on Andre Lapine, and how important he has been to Minden. We have a member Dawn Boland who recently gave a talk on agriculture in England, Holland and Western Canada."

"We have 18 members," Pamela reiterates, Mary has been with the organization for 50 years. I'm a relative newcomer really, as I've only been a member for 10 or 11 years." Not to be outdone, Jean says that "When I retired from teaching 25 years ago I became a member." Jean taught grades 7 and 8 at Archie Stouffer. Pamela mentions that her mother-in-law was a WI member in England, as is the Queen, and the Queen mother before her. "When we join," Pamela continues, "we like new members to tell us their personal and family histories, and those histories and other historic records go into the local Tweedsmuir book."

The Tweedsmuir Book

Tweedsmuir History Books (or Tweedsmuir's as they are commonly known) capture and preserve local community history in a unique way. They vary in form from a simple scrapbook to an elaborate series of volumes bound in leather, wood or the more formal blue-and-gold cover. Tweedsmuir's are comprised of a variety of information; for example, they usually include a history of the: local Women's Institute Branch; earliest settlers in an area; agricultural practices and individual farms; industries

Women's Institute cont'd... pg 46...



Adelaide Hoodless



Willy Was A Charmer...



Crime Flashback

by Max Haines

but her sister wasn't quite so sure
about him

Everyone in La Crosse, Wisconsin, thought that the widow Hattie Hales was the luckiest lady in the entire state.

Hattie's husband, who had passed away some years earlier, had been employed with the Northwestern Railroad as a conductor. Just imagine, matronly Hattie coming off the shelf at the mature age of 53.

It was in the summer of 1926, at a church social, that Hattie made the acquaintance of William Coffee. Willie was three years younger than Hattie. He talked a lot about his property in Madison and his comfortable home in Detroit.

Buxom Hattie thought she had died and gone to heaven. It was rough living on her late husband's tiny railroad pension and the small wages she garnered from her position as a buyer for a local department store. Besides, Willie was a handsome specimen, in a roguish sort of way.

All that summer, the pair of mature lovers were inseparable. On Sept. 15, they slipped away to Minnesota in Willie's car and tied the knot. The happy couple spent their honeymoon touring. Occasionally, they dropped into a church to cleanse their souls and whatever.

Hattie insisted that they spend a few weeks with her mother in Rockford, Ill. While in Rockford, it was only natural that Willie made the acquaintance of other members of Hattie's family.

A sister, Annette Holdridge, didn't cotton to Willie. She just couldn't fathom the idea that wealthy, worldly Willie would scoop up her sister. On the other hand, such things did happen. Annette decided to keep her feelings to herself.

The newlyweds continued on their idyllic honeymoon. Annette received a letter signed by Hattie, postmarked Dubuque. However, after leaving Dubuque, Hattie obviously tired of writing. From then on, all the letter writing was done by Willie and signed B and H.

Annette was a bit annoyed at not receiving correspondence directly from her sister. She dropped Hattie a line, urging her to write a letter herself.

Hattie obviously ignored the request. Further letters were received from B and H describing what a wonderful time they were having, attending plays and seeing the sights. From Chicago, Willie wrote that he and Hattie would be attending a banquet that very night in his honour. Other friends and relatives received similar letters.

Shortly after the Chicago banquet, Annette received a letter from B and H. The letter was generally one of good cheer, but Willie slipped in an ominous paragraph about Hattie meeting a Mr. St. Clair.

Evidently, Mr. St. Clair had spent an uncommon amount of time in Hattie's company at the banquet. Subsequent letters often mentioned Mr. St. Clair, who seemed to pop up every so often like a bad penny.

HATTIE COULDN'T TYPE

Annette received a typewritten letter directly from her sister. Hattie explained that Willie had purchased a typewriter for her so that she could personally write more often. The letter was signed in what was unmistakably Hattie's signature. Annette was puzzled. Her sister couldn't type.

Surprisingly, after Hattie's chubby little fingers got accustomed to dancing over the keyboard of her typewriter, she sent out a veritable barrage of missives. One was to the Elroy Service Oil Co., transferring a \$500 stock certificate to her dear husband William. Other letters to friends never failed to mention Mr. St. Clair, who now seemed to be with Hattie on a regular basis.

Hattie's mother was devastated by a letter received from her son-in-law on Nov. 3. Willie revealed that Hattie had left him. She had run away with that rascal, Mr. St. Clair. It had been messy. Willie and Hattie had tried their hand at camping near Asheville, N.C. One fine day, Willie returned to their tent to find Hattie and Mr. St. Clair doing what comes naturally.

Willie related that he had been so shocked, he fainted. When he came to, all he could find was a note from Hattie saying she was leaving with St. Clair. As an afterthought, Willie mentioned that Hattie had left the signed off Elroy stock certificate with him. He figured it was kind of a goodwill gesture.

Annette was told about the letter. It was too much. Hattie simply wasn't the type. She compared signatures of the various letters written by her sister. When placed up to the sunlight, they proved to be identical. Annette believed that the signatures had been made with a rubber stamp.

Sister Annette informed the Elroy Oil Co. of the signed off stock and was told that a shareholders' meeting was to be held on Jan. 20, 1927. Willie showed up, was taken into custody and charged with forgery.

While behind bars, Willie was asked the question which was on everyone's mind - where was his wife, Hattie?

That was a tough one. According to Willie, his dear wife was somewhere with the elusive Mr. St. Clair. As for the rubber stamp, it was true Hattie had used one to sign letters and documents. Willie pointed out there was no law against that.

There matters stood until someone decided to check out William Coffee's background. The trail led to Madison, where, surprise of surprises, police discovered another Mrs. Coffee.

She had been married to Willie for 23 long years and knew nothing about his extra-marital activities. The bonafide Mrs. Coffee readily consented to having her house searched. Police found the rubber stamp Willie had used to sign Hattie's letters.

Mrs. Coffee informed police that Willie had rented a car, which was stored at the Madison Nash Co. garage under William Coffee's name. Inside the trunk was a suitcase containing women's clothing and jewelry. Tearfully, Annette identified the contents of the suitcase as belonging to her sister.

... or so
the
widow
Hattie
Hales
thought

Haines cont'd... pg. 45...

Max Haines Cont'd.... From pg. 44

Willie's job as a piano salesman allowed him to be away from home for long periods of time, allowing him to lead a double life. Now, the heat was definitely on.

In jail, he was questioned intensely. At the ungodly hour of 5 a.m. on Jan. 24, 1927, he confessed. According to Willie, Hattie had accused him of running around with other women. They argued that night in the tent in Dubuque.

He hit her over the head with a baseball bat and was shocked when the blow killed her. He panicked and threw the body into a nearby river. After Hattie's death, he had the rubber stamp made up and created the fictional Mr. St. Clair.

NO ONE BELIEVED HIM

No one believed the pat story. Willie was charged with bigamy and the questioning continued. Two days later, he gave a revised version of Hattie's demise. He revealed that after killing her with the baseball bat, he dissected Hattie's body and buried her assorted parts in nearby woods.

Willie led police to the woods where the foul deed had been done. Portion by portion of Hattie was removed from shallow graves. When Hattie's head was found, it didn't take a pathologist to see that several wounds had been inflicted on the victim. So much for Willie's declaration that one blow from a baseball bat had caused Hattie's death.

Why had Willie gone through a bigamous marriage and committed murder? It had

all been for the few thousand dollars Hattie's husband had left her. Try as he might, Willie simply couldn't think of a way to get his hands on Hattie's funds without killing her.

Willie was examined by a psychiatrist and adjudged to be sane. On Feb. 4, 1927, he pleaded guilty to murder and was sentenced to life imprisonment at hard labour with no possibility of parole.

William Coffee remained in Wisconsin State Prison for 35 years, four months and seven days. He died in prison of pneumonia in 1962 at age 85. Willie had outlived all his relatives. He is buried in grave number 276 in the prison cemetery.

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This is a breakfast fly-in to open the season. Meet old friends, make new friends, see "what's up" at Haliburton/Stanhope Airport: Everyone is welcome to attend – whether you own a plane or not!!

Brain Teaser

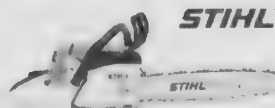
Something to think about....

GGE
GEG
EGG

What does the left represent?

Answer: Scrambled Eggs

GET THE JOB DONE!



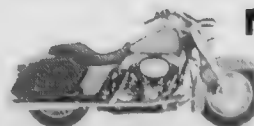
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Women's Institute cont'd

... from pg. 43

that formed the basis of the local economy; social institutions and public buildings, such as churches, schools and community centers; local personalities, such as war veterans; and much more

Beginning in 1962, under the direction of the first provincial Tweedsmuir Curator, Mrs. R.C. Walker, the first Tweedsmuir Handbook was printed. The Handbook served as a guide for local curators and outlined how to go about compiling a local history book. This set of practical guidelines provided everything from the official first pages to the table of contents, to details on the type of paper, adhesives and covers to use. Tweedsmuir History Manuals are still compiled by the WI Provincial Tweedsmuir Coordinator for use by Branch, District and Area Curators.

"Our Tweedsmuir book is updated regularly," states Pamela, "and can be accessed by anybody for the purposes of research, at our local library in Minden."

So you can see what tremendous contributions the Women's Institutes have bought to our communities. In Minden however, as with other WI's across the country, membership is waning. Part of the reason for that, according to Mary Cox is that "we were about the first rural community organization. We came before groups like the Lions, Rotary, the Kinsmen and the Legion were formed-they took away some of our potential membership."

"Plus many more women are working outside the home now, and they just don't have the time," says Pamela Rolfe. "Our meetings are held in the afternoon."

"It used to be that younger members joined and they bought their children to meetings, but now our membership tends to be composed of women who have retired," adds Mary. "One of our active members is Bette Herlihey, another retired teacher who taught all over the county. Bette is now in her 96th year, but she's still active. Our youngest member is 58, but if they would like to find out more, we welcome all women to our meetings, which take place every 3rd Wednesday of each month".

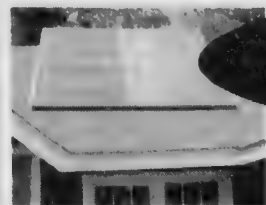
The 100th Anniversary Celebration

An aging membership will not stop the Minden WI branch from celebrating their 100th anniversary. Everyone is welcome to attend the celebration on Wednesday May 16, from 1 to 4 p.m. at the new Lions Club on Bobcaygeon Rd in Minden. The Lions Club can be found just before the Cultural Centre. There will be refreshments and entertainment. If you wish to attend please call in advance (705) 286-1158 or (705) 754-1656.

The Yardsale:

The Minden Women's Institute is also planning a fundraising yard sale to take place on Saturday June 30 at 11 Anson St in Minden. The proceeds will all go to local charities. Call either of the numbers above for more information. So put it on your calendar.

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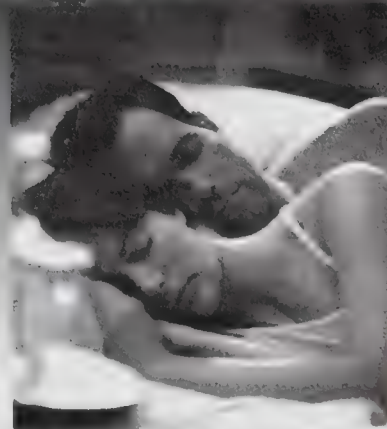
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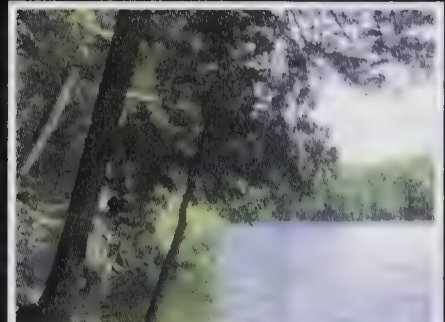
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Year round waterfront home with western sunset views on Lake of Bays. Open concept living, dining and kitchen area finished in pine with vaulted ceilings, 3 bedrooms, loft, guest room, family room, den, 2 bathrooms lined with cedar, screened porch overlooking deck and dock and attached single car garage. Landscaped lot with easy road access. **READY TO MOVE INTO....**



Gloria Carnochan
Cindy Muenzel *
(705) 754-1932

Kennisis Lake - \$335,000



Warm and cozy feeling in this 3 bdrm 3 season cottage nestled on the shore of Kennisis Lake. South exp / 2 islands to swim to, 110 ft fr, granite shore / small sand pocket. Wood floors, cathedral ceiling, bright open concept. Newer septic and roof. Ready to use this summer.

Kennisis Lake - \$345,000.00



Cute and cozy. 2bdrm cottage on 232 ft frontage (not incl island frontage), bridge to your own island with granite and sand shoreline, all exposures. Build your dream cottage on this unique Kennisis Lake property.



Barry Warren *
(705) 286-1234
ext 235

Peach Lake - \$469,900



Gorgeous 3 BR+ den home/cottage on 2 acres w/ 300+ shoreline on Peach Lk. Yr. Rnd. municipal road. Only 25 minutes from Minden, Haliburton or Dorset. Cedar walls to a vaulted ceiling, propane/wood fireplace & breathtaking sunset view of lake enhances the L.R. w/o bsmt features den & workshop.

Cloverleaf Road - \$197,000



1450 sq. ft. 4 bedroom bungalow with renovated kitchen, new steel roof and solarium, close to public boat launch on Halls & Hawk Lakes. Deeded access to Kennisis River off Big Hawk Lake Road



Lindsay Elder *
(705) 286-1234
ext 223

Waterfront Building Lot - \$129,000



Ready to build your dream home/cottage. Large, private lot with over 200 feet of waterfront on crystal clear Kennisis River. Super kayaking, canoeing, swimming and a short boat ride to prestigious Halls Lake. This lot also boasts fabulous tubing into Halls Lake

3-Lake Boating - \$429,250



Super level lot with cozy 3 bedroom cottage close to the water. Great 3-lake boating as well as a boathouse that could be converted into a lakeside bunkie. This turn-key, private cottage boasts fabulous rental potential and the shoreline road allowance is owned. This is a must see!



Tom Gardner *
(705) 286-1234
ext 224

Gull River/Moore Lake - \$199,000



Charming 3 bedroom cottage on immaculate landscaped lot. Cozy pine interior with beautiful views of river. Covered boatport at water's edge with great sand bottom. Short boat ride to Moore Lake. All on a large private lot.

Gull River/Moore Lake - \$214,000



Lovely 4 bedroom cottage on immaculate landscaped lot. Large decks at cottage and newer party deck at water's edge. Many upgrades done recently and requires some finishing. Sand shore and short boat ride to Moore Lake.



Ed Gibbons *
(705) 286-1234
ext 225

Kernohan Farm Road - \$199,000



3+1 bdrm bungalow is only minutes from Minden and school bus stops at end of road. Home features a fully finished walkout basement with wood burning stove in rec room, drilled well, hardwood floors, 2040 sq. ft. of living space plus a detached garage

Beech River - \$409,000



3 bedroom brick back-split on the Beech River, only minutes to Boshkung Lake. 1,200 sq. ft. bungalow attached single car garage, beautiful stone fireplace for those cold winter nights.

South Lake - \$389,000



for more pics go to www.doujohnson.ca

Brand new 3bdrm home/cottage, with: cherry hardwood flrs, pine cathedral ceilings, open concept, modern kitchen with maple cupboards, Napoleon fireplace, large windows with fabulous lake views from every room, economical propane forced air heating system with air exchanger, full w/out basement, close to town.

Big Brothers Lake - \$579,000



for more pics go to www.doujohnson.ca

Brand new custom built 1700 sq' 3 bdrm cottage/home, pine interior & flrs, large deck, steel roof, full basement, fabulous view of the lake, very private, over 1 acre, 100 ft waterfront, w/ tall pine trees, level lot, sand beach, 3-lake chain, this area part of the precambrian shield (glacier lakes), it's a very rugged and beautiful area with towering cliffs of rock and pine, deep water, crystal clear spring fed lake and great fishing



Doug Johnson **
(705) 489-1234

Hwy 117 East - \$329,000



Muskoka Charmer! Built in '99, this very comfortable 2 bedroom, year round home/cottage features licenced access to 200' frontage, deep-water deck and dock on beautiful Grandview Lake, plus a very comfy, heated bunkie on a 2-acre landscaped nicely treed lot. Located between Baysville & Dorset.

Maple Lake - \$429,000



All the comforts of a beautifully-built home situated on a perfect cottage property. This well-kept cottage/home features 2 fireplaces, pine cathedral ceilings & pine trim, ceramic tiles, cork and wood floors. Open concept. Fully finished lower level family room. Walk-out. Attached 1-1/2 garage. 200 amp service. Central Vac, heated roof & more



Ross Jarvis *
(705) 286-1234
ext 226

Country Charm - \$189,900



Lovely country bungalow located on 3.6 acres. Spotless and well-kept with 2+1 bedrooms. Spacious eat-in kitchen, cozy sun porch and large living room. Includes central air, UV and water softener and appliances. Great privacy yet close to town.

Brady Lake - \$289,000



Spacious 3 Bedroom 'Viceroy Style' cottage. Cathedral cedar ceiling in open concept living, dining room/kitchen. Dead level lot with child safe sand beach. Large deck with great views across lake to forested shore. Easy year round access. Builder's own cottage with many upgrades.



Vince Jarvis *
(705) 286-1234
ext 227

Waterfront-Home Business Potential - \$675,000



OVER 3 acres, more than 4000 sq.ft. lvg. sp. offers so much potential especially with a separate entrance for a home based business. It's a bonus that you are right on a lake to enjoy when you're NOT WORKING. One of the Highlands most sought after lakes (2 lake chain). Improve YOUR quality of life! Call Hal or Patti today..

Lakefront Home on 2-Lake Chain - \$459,999



A tree lined laneway welcomes you to your own south facing lakefront home or year round cottage in the Haliburton Highlands. This 4 bdr, 2 bath residence includes a walkout to a stone patio from a fully finished basement (with large fireplace). Call Hal or Patti at 1-877-286-3334 ext. 238 for your appointment to view today.



Patti Johnson & Hal Johnson **
(705) 286-1234
ext 238

4 Seasons Cottage - \$149,700



3 B.R. cottage w/attached garage, on approx. 1.14 acres, within a 3 minute walk to Miskwabi Lake boat launch. Features include steel roof, vinyl siding, backyard sitting deck, sided wood shed and sided garden shed. Perennial gardens and manicured in front yard and forest in backyard. Snowmobile Trail close by.

Call for an appointment today.

Cranberry Lake - \$184,900



Four seasons cottage or starter home on Cranberry Lake on 2.93 acres/225 ft. frontage. Features include 2 B.R.s, 1-4 pce bath, oak kitchen cupboards, basement and sunporch. Minutes from Eagle Lake centre, public beach and Sir Sam's Ski area.

Seller will look at reasonable offers



Debra Lambe *
(705) 457-2414
ext 24

Canning Lake - \$375,000



Canning Lake, 3 bed cottage, almost level lot, 150 ft waterfront, deck at the lake, dock. 5 lake chain. Ask for Dave

www.haliburton-realestate.com

Big Bob Lake - \$799,000



Custom built waterfront home, designed for a large family or entertaining. 5 bed, 3 baths, very private point lot with multiple exposures. 300 feet shoreline, with large dock and deep clean water. Call for details! Ask for Dave



David Lee *
(705) 286-1234
ext 231



Grace Loughheed **
(705) 286-1234
ext 230

Denna Lake - \$279,000



Three bedroom cottage on Denna Lake with 100 frontage - well treed for privacy - level at shoreline - eastern exposure - move in and enjoy, great starter at a great price.

Denna Lake - \$395,000



1/2 acre, nicely treed, level lot. 3 BR waterfront home, full walkout basement with finished Rec. room. Screened-in porch. Double garage.



Al Mayo *
(705) 286-1234
ext 233

Kushog Lake - \$399,000



Prime year round location and private setting. Three bedroom year round cottage. Features include: upgraded windows, new oil tank 2004, heated water line, central vac, large deck over looking lake with sliding glass doors from the master bedroom. Double garage and low maintenance. Level lot. In same family for many years.

Gull River - \$259,500



Well maintained three bedroom waterfront home on a level lot. Features: double insulated garage, large deck, finished walk-out basement, dock at water's edge. Boat to Gull Lake or to the town of Minden.



Mike Murray *
(705) 286-1234
ext 234

An Island Of Your Own! - \$820,000



3 Cottages, 1 island with about 39 acres & almost 1 mile of shoreline. 300' sand beach. Plenty of room for family and friends or a corp. retreat. Each cottage has it's own style and charm. This is truly a unique property that takes you back in time to a more relaxed lifestyle. Seller will hold a mortgage.

Gull River - \$75,900



Well treed building lot on the Gull River. Perfect for a cottage or year round home. Gull Lake boating. Easy road access on a quiet laneway. Five minutes to Minden by car or boat. Hydro and phone are at the lot line.



Michelle & Chris Smolarz *
(705) 457-2414
ext 22

Miskwabi Lake - \$189,900



Double lot with Miskwabi Lake access. Sand beach frontage with a dock. 3 bdrm bungalow with full w/out basement, full septic & drilled well. Lots of privacy + view of the lake from the deck. Boat Miskwabi and Long Lake. Enjoy pleasures of waterfront property with year round access without the waterfront taxes. 1/14 interest of lot #159 for each lot

Kennisis Riverfront Home - \$319,000



Custom home on a private 3+-acre 460'-river front. Beautifully landscaped grounds. Swim & fish by your dock- boat to Halls Lake. Luxury options: built-in appl, Jacuzzi tub, wet sauna, propane fp, screened deck, hardwood & ceramic flrs, central vac & more. Wired generator, a double heated workshop/garage. Finish the guest cabin that is on a full foundation to your taste. Much more - a must see!



Anthony vanLieshout ***
(705) 457-2414
ext 27

Grace River - \$429,900



Prime gentle sloping meticulously manicured / landscaped yard on a 2 lake chain. Easy year round access, 1.5 garage & shed. Bright & spacious custom built home offers approx 3900 sq ft of luxury living. Features, 4 bdrms, 3 baths, cathedral ceiling, stone fireplace & woodstove, full finished w/o lower level, oak kitchen, hardwood floors, extensive decking & more.

Esson Lake - \$599,900



Custom Built 2170 sq ft "True North" log home. Granite counter tops, Birch hardwood flrs, hickory cupboards, Douglas Fir Beams, 3 bathrms, main flr laundry, master bdrm ensuite w/jacuzzi tub, loft area, radiant 2 level flr heating. Over 2000 sq ft of Brite Composite decking (featured in Home Depot Magazine), \$20K Easy Dock System, limestone landscaping. 150 ft frontage on Esson Lake.

An Inconvenient Truth

Showing at the Molou Theatre in Haliburton
Thursday April 26th at 7 p.m.

Free Admission!

Tickets available for pickup at Royal LePage (or at the door if available)

sponsored by Royal LePage Lakes of Haliburton

Humanity is sitting on a ticking time bomb. If the vast majority of the world's scientists are right, we have just ten years to avert a major catastrophe that could send our entire planet into a tail-spin of epic destruction involving extreme weather, floods, droughts, epidemics and killer heat waves beyond anything we have ever experienced.